

Welcome to the Ogden Honors College

This handbook envisions your path through the LSU Roger Hadfield Ogden Honors College (OHC): four years of excellence, community, and leadership. The handbook is organized to correspond with your four-year Ogden Honors experience. Sections for each year explain how to proceed, noting opportunities to consider and important steps to take.

We have exciting additions to the Honors College curriculum and experience this year. For the first time, students will be able to choose one of four minors offered by the college. These minors emphasize an array of HNRS courses, including new courses that give honors students academic credit for “honors core experiences” (HCEs), as well as research support for a final Honors capstone project. See pages 5-8 for more information on Honors minors and HCEs.

Use the handbook throughout the year for guidance and suggestions, in regard to both the academic requirements of the College and the opportunities that will enhance your education and life. The handbook, like the College website, is a great informational resource, but know also that the staff of the Ogden Honors College is always ready to provide you with personal guidance as you create your path.

OH!Portal

The LSU Ogden Honors College's OH!Portal (ohportal.lsu.edu) provides informational resources and a platform for structured interactions between students, faculty members, and staff to support progress through the curriculum and the delivery of personalized student support and enrichment opportunities.

OGDEN HONORS COLLEGE STUDENT HONORS CODE

We, the students of the Ogden Honors College at Louisiana State University, pledge to uphold the highest personal, academic, and social standards for the betterment of our community and ourselves. We will make every effort to maintain the highest level of integrity by opposing all forms of academic dishonesty so that we may preserve the honor for which the Honors College stands. We will support the academic mission of both LSU and the Honors College in order to achieve a balanced education that extends beyond the classroom and into our community. As students of the Honors College at Louisiana State University, we pledge to uphold these ideals now and in our future personal and professional lives.

The Graduate

As an Ogden Honors College graduate, you will be aware of the world in which you live, and know how to act skillfully, justly, and confidently in that world. You will understand the critical challenges in your discipline and your community; and, having already contributed in these areas, you will be equipped to understand and address those, and future, challenges. You will be able to reason, synthesize information, and communicate effectively, and will have demonstrated your ability to apply these skills in a professional manner as researcher, innovator, and communicator. You will be a knowledgeable citizen, a confident leader steeped in professionalism and experience, and a decision-maker who values the health and wellness of a community and its diverse peoples.

Four years will have enriched your heart and mind, and prepared you to be a leader in industry, graduate school, government, service, or in whichever area you choose to excel. And you will have memories of a great time in a unique place — the LSU Roger Hadfield Ogden Honors College.

The Ogden Honors College is the fullest expression of excellence at LSU. Across the campus, Ogden students in seminars and capstone defenses, in libraries and laboratories, studios and stages, are working independently and in groups, engaging in the most up-to-date research and innovation, surpassing expectations, and going beyond requirements.

Their understanding and inventiveness are guided by historical and intellectual awareness, a confident yet humble curiosity, and the faculty and staff of Louisiana State University.



The Skill Set

Academic

A breadth of knowledge across many disciplines and depth of knowledge within one. Placing events, processes, and ideas into interdisciplinary and disciplinary context. Using refined research methods—modeling, testing, and thinking critically about the relationships revealed.

Communication

Speaking comfortably to large groups, writing proficiently, and using the most current technology to express complex ideas with clarity. Listening, questioning, debating, and demonstrating understanding without difficulty.

Leadership

Taking initiative, making decisions, inspiring peers, delegating authority, and assuming responsibility for one's actions.

Innovation

Creative problem identification and problem solving. Following curiosity, exploring intuition, and playing with combinations.

Wellness

Being mindful and making healthful lifestyle choices professionally, socially, and personally.

Citizenship

A familiarity with the diverse voices, needs, and activities in the community, environment, and world. Knowing when, and how, to act.

Themes

FIRST YEAR: SERVICE (ORIENTING)



The freshman year is a time of orientation and exploration. You, along with your peers, are entering a community while creating a new one. You are establishing your developing self in a network of new relations stretching out to a larger community. Your actions, civic and academic, can positively impact the world. This is a first year of partnering, understanding, serving, aiding, and learning. Through reflection and realization in light of ability, responsibility, experience, and opportunity, you will find out who you are and what you can do.

SECOND YEAR: STUDY ABROAD (EXPANDING)



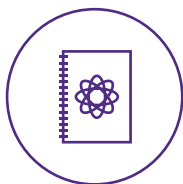
Your sophomore year is a time of expanding your worldview, your responsibilities, and your capabilities. Hop on a plane and check out a different continent — study abroad. This is a year of adventure, resilience, and flexibility in the face of change and the unknown. You will discover how life is lived elsewhere and make connections with different cultures.

THIRD YEAR: INTERNSHIP/RESEARCH (FOCUSING)



Experience gained through independent work in your courses and through internships, paired with further depth in your major studies, will begin to clarify your understanding and focus your vision. Beginning to apply your knowledge, and using your initiative to direct such application, you will develop valuable new skills and gain increased confidence. Professorial and professional guidance through the topics and problems of your discipline will simultaneously introduce you to the applied and theoretical methods of your field.

FOURTH YEAR: CAPSTONE (PERFORMING)



Through the capstone project, you will demonstrate your ability to gather and interpret information, to formulate an approach to answering a question or solving a problem, and to display a process and its results. This demonstration completes your undergraduate education, but also serves, in conjunction with your digital portfolio and resumé, to support your transition to post-graduate life.

Academic Requirements: Minors Track

Beginning in fall 2024, Honors students can choose one of four minors offered by the Ogden Honors College:

- Honors Minor
- Honors Research Minor
- Louisiana Service and Leadership (LASAL) Minor*
- Louisiana Service and Leadership (LASAL) Research Minor*

Students may request to enroll in a minor as early as their second semester of their first year. Students interested in the LASAL minors undertake a separate selection process before enrolling. See page 11 for more information on LASAL.

Continuing students may also choose to add a minor, and substitutions to required courses may be granted. Interested students should see an OHC counselor to discuss options.

All students must be in good standing in the OHC to request enrollment in a minor. See page 9 for the requirements of “good standing” in the College.

All minors require completion of 3 hours of Honors Core Experiences. See page 8 for the requirements of HCEs.

An honors student may receive credit for only one minor of the college.

OHC minors grant formal recognition of your sustained engagement with honors coursework, research, and co-curricular activities. They are notated on your official LSU transcript and easily recognized by employers and graduate/professional schools.

***LASAL Minor and LASAL Research Minor**

For students interested in pursuing the LASAL Minor and LASAL Research Minor, admission is selective. Students must attend an informational meeting, submit an application, and undertake an interview.

Honors Minor

A student in the Ogden Honors College must complete the following 18 hours to graduate with a minor in Honors:

- 3 hours of HNRS 1010 Honors Core Experiences
- 2 of the following courses (6 hours): HNRS 2000 Critical Analysis; either HNRS 2009 Physical Science for Citizens or HNRS 2010 Life Science for Citizens; HNRS 2100 Great Conversations
- 9 additional hours as HNRS, departmental honors, or honors option. Six semester hours must be in courses at the 3000 level or above.

Students must maintain good standing in the Ogden Honors College and a 3.0 GPA in the courses used to satisfy the minor.

Honors Research Minor

A student in the Ogden Honors College must complete the following 27 hours to graduate with a minor in Honors Research:

- 3 hours of HNRS 1010 Honors Core Experiences
- 2 of the following courses (6 hours): HNRS 2000 Critical Analysis; either HNRS 2009 Physical Science for Citizens or HNRS 2010 Life Science for Citizens; HNRS 2100 Great Conversations
- Capstone sequence (9 hours): HNRS 3800 Capstone Reading and Research Methods; HNRS 3900 Capstone Development and Writing; HNRS 4000 Capstone
- 9 additional hours as HNRS, departmental honors, or honors option. Six semester hours must be in courses at the 3000 level or above.

Students must maintain good standing in the Ogden Honors College and a 3.0 GPA in the courses used to satisfy the minor.

Louisiana Service and Leadership (LASAL) Minor

A student in the Ogden Honors College must complete the following 21 hours to graduate with a minor in Louisiana Service and Leadership (LASAL):

- 3 hours of HNRS 1010 Honors Core Experiences
- 2 of the following courses (6 hours): HNRS 2000 Critical Analysis; either HNRS 2009 Physical Science for Citizens or HNRS 2010 Life Science for Citizens; HNRS 2100 Great Conversations
- HNRS 2015 The State of Louisiana; POLI 2056 Government of Louisiana; and HIST 3071 Louisiana History (9 total hours)
- 1 of the following 2 courses (3 hours): HNRS 3010 Leaders and Scholarship; HNRS 3100 Internships, Field Work, Off-Campus Programs

Honors students must have the permission of the Ogden Honors College to enroll in the LASAL minor. Students must maintain good standing in the Ogden Honors College and a 3.0 GPA in the courses used to satisfy the minor.

Louisiana Service and Leadership (LASAL Research Minor

A student in the Ogden Honors College must complete the following 30 hours to graduate with a minor in Louisiana Service and Leadership (LASAL) Research:

- 3 hours of HNRS 1010 Honors Core Experiences
- 2 of the following courses (6 hours): HNRS 2000 Critical Analysis; either HNRS 2009 Physical Science for Citizens or HNRS 2010 Life Science for Citizens; HNRS 2100 Great Conversations
- HNRS 2015 The State of Louisiana; POLI 2056 Government of Louisiana; and HIST 3071 Louisiana History (9 total hours)
- 1 of the following 2 courses (3 hours): HNRS 3010 Leaders and Scholarship; HNRS 3100 Internships, Field Work, Off-Campus Programs
- Capstone sequence (9 hours): HNRS 3800 Capstone Reading and Research Methods; HNRS 3900 Capstone Development and Writing; HNRS 4000 Capstone

HNRS 1010: Honors Core Experiences

Students who pursue any of the four minors in the Ogden Honors College must complete 3 hours of Honors Core Experiences (HCEs) through **HNRS 1010 Honors Core Experiences** (1 hour; Pass/Fail grading).

HNRS 1010 recognizes co-curricular activities and reflection as part of a unique and valuable honors education, awarding academic credit for the activities that ambitious and active honors students regularly pursue.

Students will undertake 3 distinct experiences chosen from 6 Honors Core Experience (HCE) categories:

- I. Campus and Community Engagement
- II. Global Citizenship
- III. Arts and Letters
- IV. Leadership
- V. Research Engagement
- VI. Professional and Personal Development

Two but not three experiences can come from the same HCE category, and no single activity can fulfill more than one HCE.

Students will repeat HNRS 1010 for a maximum of three credit hours to complete the HCE requirement. A student may enroll in multiple sections of HNRS 1010 per semester, though the students should be sure they can complete the requirements of the course before enrolling.

To complete the HCE requirement, students submit proof of completion and respond to reflection questions via Moodle.

To view the complete list of available HCEs, please see the Honors website.

Academic Requirements: Distinctions Track

Incoming and currently enrolled students for academic year 2024-25 may choose to pursue the original honors "distinctions" categories rather than the minors track.

College Honors

Noted on both the diploma and the LSU transcript, College Honors is the culmination of the Honors College curriculum. Students who earn College Honors at graduation will receive special recognition at LSU commencement. To graduate with College Honors, a student must meet all requirements as established by the student's own college including at least 32 hours of Honors classes as follows:

- a minimum of six hours of Honors coursework;
- 12 hours at 3000+ level, following upper division departmental honors programs, where they exist;
- senior capstone or project following capstone guidelines;
- 3.5 GPA in cumulative, LSU, and Honors coursework.

Upper Division Honors Distinction

Students achieving this distinction will receive recognition at LSU commencement and on their transcripts. Students working toward upper division honors distinction are expected to indicate their intention, in person, to the Honors College upper division counselor who will furnish them with detailed requirements including the following:

- 12 hours of Honors course credit at the 3000+ level, including three to six hours of capstone or project
- Senior Honors capstone project following capstone guidelines;
- 3.5 GPA in both overall and LSU coursework, and for all honors courses used in the student's Upper Division program.

Sophomore Honors Distinction

Recognition includes a notation on the transcript and a certificate awarded after the end of the fourth semester. This designation will be subject to approval by the dean of the student's college upon recommendation of the dean of the Honors College. To achieve this distinction, students must complete the following by the end of their fourth regular semester in college:

- 20 hours of Honors or departmental honors courses, including a minimum of six hours of Honors courses;
- 3.5 GPA in cumulative, LSU, and Honors coursework.

Good Standing

All students must be in good standing to participate in the Honors College, register for honors courses, and be eligible for priority registration. Following the initial semester in the Honors College, an honors student is considered to be in good standing if they maintain a minimum cumulative GPA of 3.00 and successfully complete a minimum of two honors courses (five to six hours) per academic year in residence.

First Year

Orienting

Whether you are starting with six hours of advanced placement or thirty, this time is a beginning. Whether you are from right off campus, out of state, or another country, life at LSU is going to be new. You'll be getting your bearings for a while, adapting to new opportunities and challenges, new routines and schedules, and learning how to plan and assess your path and its progress. You have help during this transition, with access to a vast array of student support, and you'll learn from your peers as you share one another's experience; don't hesitate to take advantage of peer mentoring and discussion with professors and counselors as you need it. But, from the start, this is your path, your time to connect, explore, plan, reflect, and serve.

SERVICE

Service to community is a foundation for your four years in the Honors College and is meant to foster life-long participation in community-based leadership and service. Service can also provide you with the opportunity to apply knowledge you have gained in the classroom to real world problems, not only through participation in community-based projects but also through participation in Honors College and LSU clubs and student organizations.

Honors College service events are scheduled throughout the year and will give you the chance to create, plan, and lead such events and programs. The following are good places to start to look for ways to get involved:

Laville Service Saturdays

Check "This Week in Honors" for updates on this event

Project 225

Sustained service projects in the Baton Rouge community, led by Honors College students

Service-Learning Courses

Look for this designation when scheduling

Service-Oriented Student Organizations

Attend the Student Organizations Fair to learn about these opportunities

Choosing Honors Courses in the First Two Years

Participation in the Honors College entails taking Honors courses to enhance your academic degree program and/or advance in your chosen Honors minor. Similar to your major, Honors course offerings evolve over four years from general education and foundational courses to more focused, major-specific, and independent course work. The first of these stages includes departmental and Honors College (HNRS) courses that fulfill general education or foundational requirements.



LOUISIANA SERVICE & LEADERSHIP (LASAL) SCHOLARS

LASAL is Honors College cohort who will use their knowledge and experience to change Louisiana. Students interested in social justice and solving Louisiana's chronic social and environmental problems are encouraged to apply for enrollment in the LASAL Minor or LASAL Research Minor.

Recruitment takes place in the fall and spring semesters of your first year and includes informational meetings and a formal application process.

Check "This Week in Honors" for details.

HNRS Courses

The Honors College offers courses (HNRS) that are writing- and communication-intensive and explore connections between different subject areas, such as art and history, science and commerce. In offering HNRS courses, the Honors College draws on faculty members from across the campus. By doing so, we create courses that can focus on particular topics in the professor's research area of expertise. These seminars give you a chance to dive into a topic that is the instructor's passion in a discussion-oriented classroom format, fulfilling general education requirements and/or area requirements of your major in the process. Because these courses often span several subject areas, they can count flexibly toward your degree requirements.

Departmental Honors Courses

Departmental Honors courses are usually Honors versions of an equivalent course in the same department, designed by that department in partnership with the Honors College with high-achieving Honors students in mind. For example, CHEM 1421 Honors General Chemistry is the curricular equivalent of CHEM 1201 General Chemistry, with both carrying the same prerequisites and degree credit.

Departmental Honors courses may be applied in the same way as their equivalent toward any foundation or general education requirement of your major. In this type of course, you may find a smaller class, a higher-level approach to the subject, or an independent project-based syllabus, depending on the course and professor. Often taken as prerequisites for later major courses, departmental Honors courses strengthen your foundation.

HONORS COLLEGE ADVISING

The Honors counselors assist you with planning your four years at LSU to include all of the experiences you find in this handbook. With so much to consider, see a counselor at least once per year. When you need some guidance, or confirmation of your plans, make an appointment through LSU Navigate, or take advantage of the drop-in times for quick questions or more immediate needs. The Honors College counselors are accessible in-person or virtual meetings, or through email. Ensure a productive advising session by exploring helpful resources beforehand: the General Catalog, this handbook, and your major department and college web resources can prepare you for your discussion with the counselor.

The academic counselors comprise the core advising staff, but specialized advising is also provided for fellowships, research, internships, and service activities. Honors advising is delivered with high-achieving students in mind, so see them for assistance tailored to your needs.

“THIS WEEK IN HONORS” AND SOCIAL MEDIA

Each week, you will receive an email announcing news, events, and opportunities available to you as an Ogden Honors College student. This is one of the primary ways that the College keeps you informed about special opportunities for you to enrich your education.

Reading this weekly email will keep you up-to-date on scholarship and fellowship opportunities, special study abroad programs and travel funding, Honors-specific internships, service opportunities, innovative research, cultural events, and much more.

You can follow along with the Ogden Honors Community on Twitter (@LSU_Honors), Facebook (/LSUHonorsCollege), and Instagram (@LSU_Honors). Share your activities and keep yourself informed.

OH!PASS

A partnership of the Ogden Honors College and the College of Music and Dramatic Arts, OH!Pass provides enrichment through free attendance for Ogden students to outstanding music and theatre events throughout the academic year. Each semester, expect to see guest artists, opera, large and small ensemble works, and dramatic theater. Ogden Honors College students may register for these tickets in the OH!Portal (ohportal.lsu.edu).

Beyond Requirements



Taking Honors courses and planning to get the right number and kind of courses for the minors or distinctions are the basics, but you also need to plan the timing of your courses and include other experiences that go beyond just the basic requirements. Doing research now can successfully equip you to complete your capstone through the skills and subject experience you gain, as well as through the relationships you develop with faculty and research team members. Beginning foreign language study can enable you to study abroad in the next years. Participation in campus life and co-curricular programs can get you involved with fellow students and engaged with developed programs that complement your academic curriculum. There are a wealth of resources at your disposal at LSU and the Honors College. You will probably find yourself making some tough choices about what to include in your plans. Use the features in this section to begin investigating what each opportunity offers you.

Second Year

Expanding

Now you are putting the pieces of your plans in place. With the experience of your first year, you know better how to use your time at LSU and take full advantage of the University's resources; now oriented, you challenge yourself by expanding the limits of your perspective: put yourself in a global context, and watch as your discoveries change your outlook and planning. To this development, the emphasis for your sophomore year is study abroad.

STUDY ABROAD

Studying abroad will give you a unique learning experience. There are several ways to study abroad, and which arrangement you choose will depend on how long you want to be an expatriate, if you will study in another language, and the many individual features of specific programs (such as courses, professors, excursions).

Attending an institution abroad is the most rewarding and most challenging approach to studying abroad — a complete study abroad experience. You will likely study in a language and academic environment quite different from your own. Negotiation of transfer credit is necessary in this case. Exchange programs can facilitate use of your scholarships and coordination with host universities. Pursuing this type of arrangement is more involved, but with this approach you will be completely immersed in the culture of your host country — a life-altering experience.

Attending another American university's program abroad is another way to go. In this case, you transfer credit from that institution back to LSU. This approach to study abroad may include brief visits, longer stays, or courses in English. These programs often have excursions or planned activities in addition to coursework, as well as convenient living arrangements.

LSU programs abroad are, for the most part, shorter summer programs. You and a group attend LSU courses with LSU faculty abroad. Benefits of this approach include overall simplicity of arrangement and no need to transfer credit.

The Office of Academic Programs Abroad can assist you with any study abroad experience. It is your main resource for information about various programs, procedures, regulations, and scholarships. In any scenario that requires transfer of credit, it is essential that you secure approval of course credit transfer (including Honors acceptance of credit) before you go.

Visit www.lsu.edu/studyabroad for more details.

Continuing in Honors

The sophomore year is a continuation of the first stage of Honors course work. Continue with departmental and HNRS courses as you pursue and explore your interests. If you took only two Honors courses in the first year, you'll take more this year, but if you took several Honors courses the first year, you may find yourself tending to other aspects of your plans.

With advanced placement, you may have access to junior-level coursework in your sophomore year. The benefits of moving into junior courses include early opportunities to work closely with your department's faculty, space for additional options in the latter years of your degree, and ease in completing your capstone, minor programs, or a double major due to your early progress. You are encouraged to begin this advanced work, but not if it will delay the completion of foundation and general education requirements as outlined by your department.

For those students pursuing the Honors Distinction track, plan for your Upper Division Honors Capstone program in the beginning of your sophomore spring semester. In some major colleges, an application is required. Scheduling for your junior Fall starts in March of the sophomore year; you will want to know your first steps to take by this point. Get informed about the program by attending the Upper Division Honors information session presented in the spring semester. Follow up to plan for the specifics of your program through an appointment with the Upper Division counselor.

SOPHOMORE HONORS DISTINCTION

Sophomore Honors Distinction should not be an end in itself, but a useful marker of successful progress. Noted on your official transcript, the award served as a benchmark on your way to completion of an honors minor or the distinction of College Honors. While you can achieve College Honors without Sophomore Honors Distinction, you'll know you're on the right track if you've met its requirements. If you don't receive the award, it's a useful indicator that you will need to either focus on your GPA or increase your Honors course hours.

After completing 20 hours of Honors coursework, including six hours of Honors College (HNRS) courses and a 3.5 in your overall, LSU, and Honors GPA, you will be well positioned to begin the Upper Division Honors program, the capstone program of your major. With Sophomore Honors Distinction, you are well on your way!



UNDERGRADUATE RESEARCH

Undergraduate research (UR) is hands-on learning through the creation of new knowledge, where you work independently under the guidance of a faculty mentor. The Honors College promotes opportunities, and supports the development of original scholarship based on the UR experience—through the Honors capstone, presentations, journals, and other venues.

Research — occurring everywhere at LSU — is an essential thread in the four-year Honors curriculum, tying together experience, knowledge, and scholarship. You can even get paid. Several Honors students participate in the prestigious President’s Future Leaders in Research (PFLR) program, working with their research mentor over four years toward College Honors. Many more students are recipients of President’s Student Aid (PSA), a program in which a student can work as a paid research assistant in any discipline. UR also occurs in a less formalized setting (such as working with a professor in an independent study course)—and, even in an informal one—but a formal research relationship in the academic setting will quickly propel you to overall Honors success.

Whatever your path, your initial UR strategy is the same:

First, explore your major, and familiarize yourself with your professors’ work and the work of your peers (look at faculty web pages, attend faculty lectures, attend LSU Discover Day, and strike up a conversation). Next, express your interest to an appropriate professor with whom you’ve developed a relationship, and find out where you might fit in their research program. If you are a recipient of PSA or PFLR, there are then specific final steps to take with the Office of Financial Aid in becoming a paid research assistant for that professor.



OFFICE OF FELLOWSHIP ADVISING (OFA)

This office serves as a centralized resource for information on distinguished national and international scholarships and provides assistance in the preparation of effective and competitive applications.

Individual mentoring is the hallmark of the OFA: its staff will work one-on-one with you to advise which scholarships best fit your achievements and goals and assist in preparing and editing your scholarship applications. Informational sessions are held throughout the year and include overviews of scholarship opportunities for Honors students, eligibility requirements, and deadlines, as well as strategies for success in the application process. We also organize practice interview sessions with LSU's top professors to give you a feel for thinking and speaking under pressure.

If you are considering applying for a national or international scholarship, you should attend an informational session early in your LSU career. The application process for these awards is demanding and requires much thought, effort, feedback, editing, and rewriting. Several fellowships (such as the Critical Language, Goldwater, Udall, and Truman) are undergraduate awards and thus require action as early as your first year.

Ogden Honors College students have been successful in earning Rhodes, Marshall, Gates, Knight-Hennessy, Fulbright, Truman, Goldwater, Udall, Rotary, Critical Language, NSF Graduate and other prestigious fellowships. It is the goal of OFA to further promote and assist Honors College students in achieving the amazing opportunities these scholarships afford. Visit www.honors.lsu.edu/fellowships for more information.

COMMITMENT TO COMMUNITY

Louisiana State University is an interactive community in which students, faculty, and staff together strive to pursue truth, advance learning, and uphold the highest standards of performance in an academic and social environment. It is a community that fosters individual development and the creation of bonds that transcend the time spent within its gates.

To demonstrate my pride in LSU, as a member of its community, I will:

- Accept responsibility for my actions;
- Hold myself and others to the highest standards of academic, personal, and social integrity;
- Practice justice, equality, and compassion in human relations;
- Respect the dignity of all persons and accept individual differences;
- Respect the environment and the rights and property of others and the University;
- Contribute positively to the life of the campus and surrounding community; and
- Use my LSU experience to be an active citizen in an international and interdependent world.

The continued success of LSU depends on the faithful commitment by each community member to these, our basic principles.

Third Year

Focusing

The second half of your degree is when you begin to cultivate deeper knowledge in your discipline as you independently analyze and apply that knowledge. Focusing on your specialization through experience in unique coursework, internships, and research, you will begin to identify opportunities to contribute to your field. Engage with your professors and their work as they guide you in the steps to obtaining knowledge at a higher level and implementing that knowledge in a sophisticated way.

The junior year presents a significant shift in your approach to using Honors coursework to enhance your degree. At this stage, increasing independence is the goal of the design. Your degree program becomes more specified with major courses in your department or area, and, using the Honors Option, you will earn Honors credit in these major courses by adding independent elements.

Honors Minors Track

Honors students pursuing Research minors will begin a Capstone sequence that includes HNRS 3800 Capstone Reading and Research Methods and HNRS 3900 Capstone Development and Writing. These courses provide students with a structured approach to beginning and developing the research for their capstone projects. Students will be supervised in securing capstone directors, composing literature reviews, building a research proposal and sketching out a complete work plan, all in preparation for enrollment in HNRS 4000 Capstone, which is supervised by the capstone director. HNRS 3800 and 3900 are divided by disciplines and students placed into appropriate cohorts. Certain majors will have their own research pathways that will substitute for HNRS 3800 and 3900. It is important that you discuss your research plans with an Honors counselor before embarking on the Capstone sequence.

Honors Distinctions Track

Beginning the Upper Division Honors program, you should be learning to pace and skillfully conduct research projects, while investigating topics for your capstone through these independent opportunities.

Also referred to as the “Capstone Program,” the Upper Division Honors program supports and includes the Honors capstone project and leads to Upper Division Honors Distinction upon graduation. Because disciplines differ in many ways, be they professional or traditional, creative or investigative, the makeup of your program and your capstone will be specific to your department and major.

Honors Option

The Honors Option adds an independent component to courses at the 3000/4000 level. Completion of this component, in addition to the requirements of the course syllabus, awards Honors credit for the otherwise non-Honors course. Your professor will work with you to design this independent component, and the Honors College allows a wide degree of flexibility. Presentations, semester projects, guided discussion sessions, primary source research, and conference reports are examples of components added to courses for Honors Option credit. The Honors Option is what you and your professor make of it — get the most out of the experience it provides. Learn more about how to set up an honors option on the Honors College website.

HONORS OPTION PROCEDURES

In order to arrange and complete an Honors Option, an Honors Option Agreement must be arranged and approved. The Honors Option may be pursued in 3000/4000 level courses and can be applied to Honors distinction and “good standing” requirements.

Honors Option Agreement – **An Honors Option Agreement is established in the OH!Portal on the College website by the student and instructor to outline the conditions to receive Honors credit.**

Upon agreement between the student and instructor, the Honors College Dean (or designee) will review for approval to establish the Agreement.

The instructor will verify whether conditions have been fulfilled by the grade posting deadline for the semester of the course.

Contact an Honors College counselor with any questions regarding the Honors Option.

OHC CAPSTONE SCHOLARSHIP

OHC Capstone Scholarships provide at least \$500 each to Ogden Honors College students for costs associated with the preparation of their Honors Capstone once enrolled in capstone course hours.

These scholarships may be used to defray costs incurred in research or the production of the capstone as well as expenses that would otherwise be met through non-academic employment.

Recipients have used funds for travel to other institutions, for acquiring research materials and lab equipment, and for cutting back on non-academic work hours.

HNRS 4000 Courses

HNRS 4000 is the Honors College capstone project course for students pursuing both minors and distinction tracks. In some cases, departments require that a departmental capstone course be used for one or both semesters of capstone enrollment. These courses provide credit for the research and writing work you conduct under the individual guidance of your capstone director.

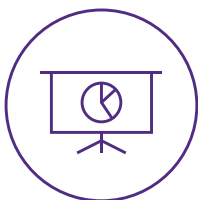
In addition to these courses, you may continue to use departmental Honors and HNRS courses to fulfill any remaining general education or degree requirements.

The junior year is an important one for carrying out many steps in your academic plan. As you get to dive deeper into your major course work, you are accumulating leadership responsibilities, applying for and participating in internships, preparing for and taking standardized tests for graduate and professional study — even beginning to present your work outside of the University.

You should be establishing more specific short- and long-term career goals while engaging in these activities, as the time to begin meeting those goals draws nearer.

ROGER HADFIELD OGDEN LEADERS PROGRAM

Up to five Ogden Leaders per year receive \$5,000 each to support self-designed, off-campus experiences, enabling them to pursue a passionate interest, develop independent leadership abilities, and contribute to society in a way and to a degree not otherwise possible. Students who have completed at least one but not more than six semesters are eligible to apply. Proposals are due in April for projects in the following academic year.



INTERNSHIPS

Transitioning from LSU to the post-graduate life is made easier through internships — gaining experience working outside the classroom and applying what you study inside the classroom. Whether in Baton Rouge, Seattle or Grenoble, let your interests guide you toward placement in offices and research laboratories of the private, non-profit, or governmental professional worlds where you spend a summer or semester working on real-time problems and projects in your field.

Internships may be paid or unpaid, and may or may not provide course credit. HNRS 1010 or HNRS 3100 may be taken to earn credit for your internship, or you may use an equivalent course in your major department. To receive credit for HNRS 3100, you must arrange for a faculty member to act as the instructor for your internship and assess your experience through assignments. If you intern during a fall or spring semester and carry no credits, you can retain your full-time status for TOPS or other awards by registering with Career Services' Experiential Education office.

Our Director of Career Development can assist you with the process of finding and securing an internship.

CHOOSING A CAPSTONE TOPIC AND DIRECTOR

When deciding on your capstone topic, it is important to limit the scope of your project to a manageable breadth. Your capstone should thoroughly address your topic and be completed in two semesters. Taking on too much can result in lost time and jeopardize completion.

Beginning with an area of interest and refining to a more specific angle or issue is a suitable way to proceed. Ideally this process will include and reflect your experiences in research, internships, and coursework and independent work at the 3000/4000 level, and will be done in consultation with professors with whom you've developed relationships in those experiences. In some departments, an independent study or readings course may be available for the exploration and refinement of your capstone topic.

The capstone director serves as your guide with respect to research methods, writing style, resources, and opportunities, but also as your capstone defense committee's chair. The director supports you through the process of creating the document and leads the committee in testing its quality. Many times, a professor you have worked with extensively will offer to serve as your capstone director. This is a natural fit, as you have a history of effectively working together, and your topic will be well within the professor's research area. However, you may be referred to another faculty member with greater expertise in your topic area.

Fourth Year

Performing

The senior year is when it all comes together. You are finishing your coursework, managing and completing a major project, preparing for a transition into postgraduate life, continuing as a leader, and becoming a scholar. This is the performance of your undergraduate career, four years in the making, where you demonstrate your ability by communicating your knowledge.

Honors Capstone Project

The capstone project will likely be your first experience managing a long-term, independent project. In addition to the capstone support courses HNRS 3800 and HNRS 3900, resources are available in the OH!Portal to assist you in developing a timeline for completing your project. And of course your capstone director and upper division counselor will guide you along the way. Recognize that one of the benefits of completing a capstone is the management skill gained through the experience of planning and implementing a research strategy while coordinating with a defense committee and the Honors College.

Along with your academic activities, you will be applying to graduate school or a service organization, or for a job or fellowship. Depending on the timing, your capstone project can be highlighted in your application for graduate school or employment. You may modify part of your capstone into a shorter article or feature excerpts on a digital portfolio. Draw on your Honors work in securing your future and ask your Honors and major professors for letters of recommendation. Ogden Honors College counselors will help you plan your submissions and give you feedback on your applications.

CAPSTONE DEFENSE

Honors capstone projects must be defended before a committee of three faculty members. The defense is a high-level evaluation of your project and consists of pointed questions with regard to the content of your document. The chair of the committee is your capstone director; the second member must be a faculty member from your major department; and the third member must be a faculty member from outside your department. Generally, you will decide the makeup of the committee in consultation with your capstone director.

FORMATS FOR THE HONORS CAPSTONE PROJECT

Scholarly Paper – May apply to all disciplines. The scholarly paper is based on original research and includes a consideration of secondary sources. The student will formulate an original question concerning his/her discipline and will investigate and analyze this question through a consideration of original and secondary sources. The resulting analysis should make a creative contribution to the relevant literature.

Research Paper – Applies to disciplines in which students conduct research that produces original data, including the physical, biological, or social sciences. The research paper is based on data from experiments, surveys, or scholarly research and includes treatment of relevant literature. It may include laboratory or field work.

Business Plan – Applies to disciplines in which the student is trained to work in business and may include disciplines outside the College of Business with the permission of the major department. The student conceptualizes a business and conducts relevant research to formulate a plan for marketing, finance, and implementation.

Field Report – This format may be used by students engaged in full-time experiential requirements in the major, such as those required by the College of Education. The capstone should place the experience in the context of discipline specific literature.

Portfolio – This format applies primarily to students in the arts. It includes a formal compilation of the student's artistic work as well as a written explanation of the work and relevant literature.

Performance – Students primarily in music and the dramatic arts may base their capstone on a presentation of creative artistry. This format will also include a written explanation of the work and relevant literature.

Design Project – Students in engineering will work in this format. The design project includes an analysis of a physical problem, the formulation of a design solution, and the production of the design. The capstone includes a written explanation of the work and the relevant literature.

HONORS AT GRADUATION AND COMMENCEMENT

Your degree is conferred at Commencement and/or Diploma Ceremonies at the close of your last semester. The Ogden Honors College holds a Graduation Ceremony to recognize its graduates, to distribute hoods and cords, and to award the Outstanding Honors Capstone Award. The accomplishment inherent to these distinctions is great, and LSU proudly commends the students who achieve that level of success. Information about the Honors College and Commencement is distributed by the Upper Division counselor in coordination with the Office of the University Registrar.

OUTSTANDING HONORS CAPSTONE AWARD

Nominated by capstone committees, exceptional capstone projects are submitted for the Outstanding Honors Capstone Award. A committee of faculty readers considers the nominations, selecting four winners across professional, humanities, social sciences, natural sciences, and technical disciplines. The award includes a certificate conferred at the Ogden Honors College Graduation Ceremony in May.

Ogden Honors College Courses

HNRS 1000 (1) Honors Foundations
HNRS 1007, 1008 (4) Introduction to Life Sciences
HNRS 1010 (1) Honors Core Experiences
HNRS 1035 (3) Life Science Seminar
HNRS 1036 (3) Physical Science Seminar
HNRS 1101 (3) Seminar in Comparative Civilizations
HNRS 1103 (3) Lectures in Comparative Civilizations
HNRS 2000 (3) Critical Analysis and Social Responsibility
HNRS 2009 (3) Physical Science for Citizens
HNRS 2010 (3) Life Science for Citizens
HNRS 2012 (3) The 19th Century
HNRS 2013 (3) The 20th Century
HNRS 2020 (3) Contemporary Studies
HNRS 2030 (3) Humanities Colloquium
HNRS 2033 (3) Social Sciences Colloquium
HNRS 2021 (3) Colloquium in the Arts
HNRS 2041 (4) Classical Traditions
HNRS 2042 (4) Modern Traditions
HNRS 2100 (3) Great Conversations
HNRS 2402 (3) Classical Antiquity
HNRS 2404 (3) The Medieval World
HNRS 2406 (3) Renaissance to Enlightenment
HNRS 2408 (3) The Modern World
HNRS 3000 (3) Research Methodologies
HNRS 3010 (3) Leaders and Scholars
HNRS 3025 (3) American Studies
HNRS 3035 (3) Natural Sciences Colloquium
HNRS 3100 (1-6) Internship, Field-Work, Off-Campus
HNRS 3110 (3) Honors Peer Leader Workshop
HNRS 3500 (1-6) Independent Study
HNRS 3800 (3) Capstone Reading and Research Methods
HNRS 3900 (3) Capstone Development and Writing
HNRS 4000 (3) Capstone

Departmental Honors Courses

ACCT 2002	CHE 3910-11	GREK 1002	MATH 1553	PHIL 2034
ACCT 2102	CHEM 1421	GREK 2052	MATH 2058	PHIL 2036
ACCT 3002	CHEM 1422	GEOL 1002	MC 2001	PHIL 2050
ANTH 4999	CHEM 1431	GEOL 1004	MC 2011	PHIL 2053
ARCH 1102	CHEM 2461	HIST 1002	MC 2016	POLI 1002
ARCH 2101	CHEM 2462	HIST 1004	MC 3003	POLI 2052
ARCH 2102	CHEM 2463	HIST 2056	MC 3019	POLI 3000
ARCH 3101	CM 1030	HIST 2058	MC 3081	POLI 3809
ARCH 3102	CSC 3991	ID 2650	MC 4091	POLI 3896-7
ARCH 4101	CSC 3992	ID 2651	MC 4096	POLI 4998-9
ARCH 4102	ECON 2001	ID 3652	ME 1213	PSYC 2001
ARCH 5102	ECON 2011	ID 3653	ME 3613	PHYS 2150
ART 2361	ECON 2031	ID 4620	MGT 3831	PHYS 2153
ART 2545	ECON 2036	ID 4654	MKT 3402	REL 1007
ART 2555	ENGL 2823	ID 4655	MUS 1755	RNR 1071
ART 2662	ENGL 2824	INTL 2001	MUS 2630	RNR 2070
ART 2800	ENGL 3000	ISDS 1101	MUS 2632	RNR 2071
ART 2997	ENGL 3820-5	ISDS 1103	MUS 3630	RNR 2072
ASTR 1301	ENGL 3925-7-9	ISDS 2010	MUS 3632	SOCL 2002
BIOL 1207	ENVS 1127	ISDS 2011	OCS 1006	SOCL 3905
BIOL 1503	ENVS 4036	LHRD 2724	OCS 2006	SW 2001
CE 2451	GEOG 4999	LHRD 3724	OCS 2014	SW 4101
CE 2461		LHRD 4724	PHIL 1001	THTR 1021
CE 3401		MATH 1551		THTR 2128
				WGS 2501

Departmental honors courses may not be regularly offered. It is important to check the course offerings website to see which ones are offered in a particular semester.

Ogden Student Life

RESIDENTIAL EXPERIENCE

Ogden Honors College residential programs provide an environment that fosters academic excellence and close personal interaction between you, your fellow students, and your professors. Within this community, faculty members, the Ogden Honors College staff, and the Residential Life staff work together to enhance your academic experience by bringing research presentations, service opportunities, advising information, internship information, and community building events to the place where you live.

LAVILLE HONORS HOUSE

Located adjacent to the French House, in both East and West Laville Halls, the Laville Honors House is a living-learning community available to all Ogden students (freshmen through seniors).

EAST CAMPUS APARTMENTS (ECA 10/11)

Adjacent to the Laville Honors House are the complex of East Campus Apartments (ECA); buildings 10 and 11 are dedicated for Ogden Honors College students in their sophomore year or later.

HONORS COLLEGE AFFILIATED STUDENT ORGANIZATIONS

All Ogden Honors College affiliated student organizations consist of students in good standing with the College. Each organization has an individual purpose, but all of the organizations work together to promote the overarching goals of the Ogden Honors College: academic excellence, service to community, and leadership.

An entity within LSU Student Government, the Ogden Honors College Council promotes the interests and welfare of the Ogden Honors College; it provides social, cultural, and educational opportunities for its students; it maintains a forum for the discussion of issues and concerns vital to the students of the Ogden Honors College; and it represents those concerns to the campus and community. Anyone who is enrolled in the Ogden Honors College is a member of the Honors College Student Council, but active membership is required to hold an office.

Honors College Advocates recruit academically motivated high school students, assist incoming freshmen with the transition to college life, and promote the Ogden Honors College and its services.

Fusion is an innovative and supportive creative writing club. Weekly meetings revolve around honing writing skills; publishing members' short stories, essays, and poetry; and discussing significant contemporary and historical examples of creative writing and literature. Additionally, Fusion hosts annual open mics for its members as well as club trips to poetry readings and other fine art events in the Baton Rouge area.

First Year Resources

Communication Across the Curriculum (CxC)

Get certified as a “Distinguished Communicator” through Communication across the Curriculum (CxC) by maintaining a digital portfolio, taking communications intensive (CI) courses, and building your communication skills in off-campus experiences. CxC provides support and certification and coordinates with the digital studios around campus that you can use to build your portfolio. Integration with Honors is natural, as many of your Honors courses will be CI. The ability to communicate effectively will serve you well in your academic and professional life.

<cxc.lsu.edu>

Do the Right Thing

In addition to leading in academics, Ogden Honors College students lead in citizenship. The expectations for conduct listed in the **LSU Code of Student Conduct**, the “Commitment to Community,” and the “Honors College Student Code” are the minimum. The Office of the Dean of Students oversees student activity on campus and acts as a partner in enriching campus life and maintaining excellence in community interaction.

<www.lsu.edu/deanofstudents>

Center for Academic Success

The goal of this office is to provide LSU students with the academic support they need to maximize their success in the courses they take. The CAS designs and implements a wide range of programs: Supplemental Instruction, Tutoring, “Study Smarter” Workshops, Individual Assistance, Service-Learning, and hands-on computer workshops.

<cas.lsu.edu>

LSU Libraries

With a collection of over 3 million volumes and access to a range of academic databases and indexes, the LSU Libraries provides a vast wealth of information to support your research. Go to the Main Library and browse your discipline’s professional journals, hook up to an audio workstation, check out a laptop, make some copies, or study with a friend. And if LSU Libraries doesn’t have it in their collection, Interlibrary Loan will get it for you from a worldwide network of lenders. Closed on game days.

<www.lib.lsu.edu>

Campus Safety

LSU has its own police department which will assist you in case of emergency or in the unfortunate case that you are the victim of a crime. Officers provide services 24 hours a day and handle 911 calls placed from on campus. If you are going somewhere on campus after dark, the Office of Parking, Traffic, and Transportation provides door-to-door service through its Campus Transit (578-5555) from 5:00PM - 12:00AM, seven days a week.

<www.lsu.edu/staysafe>

Student Organizations

Students’ organizations can be a great way to meet students with similar interests, lead your peers, and advance a cause. In TigerLink, you will find everything ranging from sports and games to religious and political groups. You can even start your own group. The Office of Campus Life is the primary resource for getting involved.

<www.lsu.edu/campuslife>

Choosing a Major

Whether you have a major or not, uncertainty in the first year is common. Choosing a major can be a difficult balance between career aspirations and your interests and between focus and breadth. Honors students are often capable in more than one discipline, and with so many programs available, it can be difficult to decide on a concentration. Discussing your decision with a counselor can be helpful. Consult “Academic Programs” in the General Catalog for a complete list of majors and concentrations. Career Services offers tools to investigate your interests and abilities, such as the Major/Minor Finder, and the Strong Interest Inventory. Our **Ogden Honors College Director of Career Development** is available to assist you with choosing a major.

<lsu.edu/careercenter>

Software Licenses

Fluency with standard office and communications software is essential. Inability to use technology will get in the way of successful academic and professional performance. Tigerware is LSU’s software distribution site. Many software titles are available at no cost to students.

<tigerware.lsu.edu>

UCFY

University Center for Freshman Year is the “major college” for all first year students, with the exception of students directly admitted to their degree-granting college (Colleges of Agriculture and Music & Dramatic Arts). Many procedural changes and approvals are granted by UCFY, such as: changes of major or minor, dropping or adding after an add/drop period has ended, permission to take more than 19 hours in a semester, permission to take a 3000 or 4000 level course before requisite hours have been earned, and academic appeals.

<<http://www.lsu.edu/universitycollege/ucfy>>

Retaining Scholarships

Many scholarships have requirements for continued receipt of the award based on the number of hours you complete per academic year and/or your GPA. Know the requirements of retaining your scholarships. The Office of Student Aid and Scholarships can provide you with up-to-date information about your awards and their rules.

<www.lsu.edu/financialaid>

Second Year Resources

Olinde Career Center

The Career Center guides students through every stage of the career planning process, helping students choose majors, explore career opportunities, sharpen job search skills, and find jobs. Career Services provides individual counseling; career assessments and interpretations; help with job search skills, such as resumé and cover letter writing and interview preparation; assistance finding part-time, full-time, co-op, internship, or volunteer positions; and help gaining admission to graduate or professional school. Careers2Geaux, an online job search tool, provides you with access to thousands of job vacancy listings sent to LSU. Our Ogden Honors College Director of Career Development is available to assist you with career exploration. lsu.edu/careercenter

Double Major/Minor

Earning a double major or some combination of majors and minors can seem complex. When you view each program on its own, you must meet its requirements using the courses you have taken or will take. Credit for an individual course taken in a given semester may count for more than one program, but never more than once within a program. Following this principle, you may identify overlapping requirements between programs and see how a given course may be used efficiently to fulfill them. The degree audit and a counselor can be especially helpful in exploring relationships between major and minor programs.

You must weigh the benefits of double majoring or pursuing minors. It can be a negative if accumulation of these programs comes at the expense of your following your curiosity or passion or prevents you from reaching a level of deeper knowledge in your primary discipline.

LSU Discover

A hub for undergraduate research opportunities, LSU Discover provides support for students seeking to work alongside faculty in the pursuit of new knowledge in all fields. Travel stipends are available through LSU Discover for conference and workshop attendance. Their research faculty database shows current open positions on campus. Finally, Discover Day is the venue for sharing student research accomplishments with the LSU community. lsu.edu/discover

Leadership Opportunities

The Office of Campus Life will help you find the best place for you to put your leadership skills into action. A student organization fair held each fall and spring will help you find a match in the over 400 student organizations on campus. Campus Life supports campus involvement and also provides leadership training in several programs throughout the year. www.lsu.edu/campuslife

Third Year Resources

Independent Study Courses

As you develop greater research proficiency and gain more experience on your path to your capstone project, you will begin to work more independently. Independent study courses allow self-sufficient students to read, write, create, and study on their own, meeting regularly through the semester to confer with the instructor. (Note: the Office of Independent Study coordinates correspondence courses, not independent study in the sense described here. Most departments have courses that allow you to conduct independent study under the guidance of a faculty member.)

The Upper Division Honors Distinction programs of some majors require an independent study or “readings” course to allow some time to conduct broad readings toward narrowing down a topic. Programs that do not require this element may allow for inclusion of such a course. Ask the Upper Division counselor about this possibility. To schedule an independent study course, you must request it through the department after talking with your professor.

Standardized Tests

The importance of standardized tests varies depending on the graduate or professional program you plan to attend. In any case, outstanding performance in this area will enhance your application or assure that your accomplishments and abilities get full consideration. Look at the admissions requirements of programs you plan to apply for to ensure that you have completed all general and subject tests necessary for entry.

Preparing for the test should extend well ahead of your test date. Decide whether you plan to use a third-party test preparation service, based on the personal services and materials it provides. Sample tests are sometimes provided by the testing service itself, free of charge, giving you a reliable example of what to expect.

Personal Statement and Resumé

Throughout your academic career, you should be maintaining a resumé. Tailor this document to various internship, full and part time employment, award and fellowship applications. Keeping an up-to-date, succinct statement of your abilities and experience will have you prepared for opportunities as they arise and keep you focused on your strengths and weaknesses. Our Ogden Honors College Director of Career Development is available to assist you with your personal statement, resumé, and cover letter. Career Services also provides assistance with resumé and cover letter writing.

isu.edu/careercenter

Fourth Year Resources

Graduate or Professional School

When planning for graduate or professional study, investigate programs on your own and with your professors. Use articles in the journals of your field to find out where the research you are interested in is taking place. Making a visit is a worthwhile exercise, but if this is not possible, it may be substituted with attending a conference where you can meet with students and professors of those programs. It is usually best to enter graduate programs in the Fall (if you have a choice), and most have application dates in December or January.

Professional school applications are coordinated through an application service in the cases of Law School, Medical School, and some Dental Schools. Be prepared to apply a full year in advance of the time of program entry in some cases.

Degree Checkout

In the semester prior to your graduation, you must meet with an counselor in your major college to ensure that you will schedule and complete the requirements of your degree in your last semester. Most colleges have certain times of the semester when they see seniors for degree checkout. Be on the lookout for the appropriate time to complete this necessary task.

FEELING OVERWHELMED?

The LSU Student Health Center and the LSU Ogden Honors College have partnered on a new mental health initiative, providing students with access to a mental health professional in the French House. Honors students can schedule appointments by calling Mental Health Services, Student Health Center at (225) 578-8774 and specifying to schedule with the Honors College therapist, Julie Lorio, LCSW. In addition, all student have access to same-day, walk-in appointments at the Student Health Center.

Visit the LSU Student Health Center's website every semester to learn about seminars, wellness coaching, group therapy sessions, self-help resources, and more programs offered to all LSU students at www.lsu.edu/shc/mental-health.

24-HOUR CRISIS AND EMOTIONAL SUPPORT LINE
Call or text any time! (225) 924-LSU (5781)

