

Amanda Andrews Benson, PhD, ATC, LAT

2113 Huey P Long Fieldhouse
Louisiana State University
Baton Rouge, LA 70803
(225)578-3549 (office)
E-mail: abenson@lsu.edu

EDUCATIONAL RECORD

The University of Southern Mississippi, Hattiesburg, Mississippi

Doctor of Philosophy, Human Performance, Emphasis in Administration and Teaching
August 2003

Eastern Kentucky University, Richmond, Kentucky

Master of Science in Physical Education, Emphasis in Sport Administration
August 2001

State University of New York at Buffalo, Buffalo, New York

Bachelor of Science in Exercise Science
May 2000

PROFESSIONAL EXPERIENCE

Program Director for Athletic Training, Louisiana State University, Baton Rouge, Louisiana, August 2022-present

- Professor of Professional Practice (2018-present)
- Professional Affiliate Member Graduate Faculty
- Oversee operations of the CAATE accredited Athletic Training Program
- Oversee clinical rotations and supervision of students enrolled in the CAATE curriculum
- Oversee the development and implementation of the curriculum
- Oversee & compile the annual report
- Compile data for program outcomes and assessment for SOK & LSU
- Serve on department committees
- Assist in the evaluation & training of preceptors at various clinical sites

Assistant Program Director/Clinical Education Coordinator for Athletic Training, Louisiana State University, Baton Rouge, Louisiana, December 2014-present

- Interim Program Director (August 2018-December 2018)
- Professor of Professional Practice (2018-present)
- Professional Affiliate Member Graduate Faculty
- Associate Professor of Professional Practice (2014-2018)

- Assist in overseeing operations of the CAATE accredited Athletic Training Program
- Oversee clinical rotations and supervision of students enrolled in the CAATE curriculum
- Assist with development of the curriculum
- Serve on department committees
- Assist in the evaluation & training of preceptors at various clinical sites

Department Chair and Program Director for Athletic Training Education, Troy University, Troy, Alabama, August 2008-2014

- Full Professor (effective August 2013) within CAATE accredited Athletic Training Education Program
- Associate Professor (August 2009-July 2013)
- Oversee daily operation of the CAATE accredited Athletic Training Education Program including: budget, writing of reports, maintaining appropriate accreditation standards, affiliated site agreements, oversee student clinical rotations, student discipline, faculty contracts, faculty certifications, course scheduling and faculty/staff evaluations
 - Wrote CAATE self-study and University received 10 year reaffirmation valid til 2020-2021
- Report Department issues and progress directly to the Dean of CHHS
- Oversee continually development of courses and curriculum
- Insure appropriate implementation of student recruitment, advising, student admission, annual reports and self-study
- Coordinator of audio visual resources and journals
- Advisor for the Athletic Training Student Club
- Coordinate training of Preceptors
- Serve on department, college and university committees
- Supervise student capstone projects and research

Assistant Program Director for Athletic Training Education, Troy University, Troy, Alabama, August 2003-July 2008

- Assistant Professor within CAATE accredited Athletic Training Education Program
- Assist program director with student recruitment, advising, student admission, annual reports and self study
- Assisted with CAATE accreditation Fall 2003 (reaffirmation for 7 years)
- Clinical Coordinator overseeing: student rotations, site visits, contracts, and student evaluations
- Creator and supervisor of senior internships including: development of internship sites, maintaining contact with site supervisors, and compiling student and site evaluations
- Supervise students in the clinical setting as a Preceptor
- Aide in evaluating students' CAATE competencies and proficiencies
- Academic Advisor for Undergraduate Athletic Training Majors
- Coordinator of audio visual resources and journals
- Coordinator of National Athletic Trainers Month Activities

- Advisor for the Athletic Training Student Club
- Serve as the Clinical Instructor Educator to train Preceptors
- Serve on department, college and university committees
- Supervise student capstone projects and research

Outreach Athletic Trainer, Champion Sports Medicine, Troy, Alabama, August 2004-present

- Provide athletic training services to area high schools during football seasons
- Supervise athletic training students from Troy University's Athletic Training Education Program as a Preceptor
- Coordinate physician referrals

Athletic Trainer, Charles Henderson High School, Troy, Alabama, August 2003-May 2004

- Provide athletic training services to high school football athletes
- Provide athletic training services to area high schools during football seasons
- Supervise athletic training students from Troy University's Athletic Training Education Program as a Preceptor
- Coordinate physician referrals, surgeries and rehabilitations

Co-Clinical Coordinator, The University of Southern Mississippi, Hattiesburg, Mississippi, June 2002- May 2003

- Visited and evaluated athletic training students at their clinical rotations
- Scheduled students rotations
- Responsible for all documentation of Athletic Training students' evaluations, clinical hours and clinical instructor evaluations.

Doctoral Graduate Assistant, The University of Southern Mississippi, Hattiesburg, Mississippi, Academic/Administrative Duties, August 2001- Spring 2003

- Instructor and Teaching Assistant for the Department of Human Performance and Recreation
- Assist with the administration of the CAATE (formerly CAAHEP) accredited Athletic Training Program

Doctoral Graduate Assistant, The University of Southern Mississippi, Hattiesburg, Mississippi, Athletic Training Services, August 2001- Spring 2003

- Approved clinical instruction of athletic training students at athletic events, practices, and in the athletic training room
- Aided in evaluation of student's CAATE (formerly CAAHEP) competencies and proficiencies
- Coordinated athletic training services for Track and Field/Cross Country, August 2001 to December 2001
- Coordinated athletic training services for Women's Soccer, January 2002-May 2003

Masters Graduate Assistant, Eastern Kentucky University, Richmond, Kentucky, Academic, Administrative Duties, & Athletic Training Services August 2000- August 2001

- Teaching assistant for courses in the Physical Education Department
- Member of the Academic Review Committee
- Assisted with the development and implementation of athletic training competencies in a CAATE (formerly CAAHEP) approved Athletic Training Program
- Served as the Head Certified Athletic Trainer for Men's and Women's Track and Cross Country
- Responsible for the supervision of student trainers, various athletic administrative duties and scheduling of athletic personnel
- Home and away coverage of a variety of athletic events
- Experience with NCAA drug testing

Outreach Athletic Trainer, Joyner Sports Medicine, Richmond, Kentucky November 2000- August 2001

- Assisted with coverage of Madison Central High School athletic events as a certified athletic trainer and coordinated physician referrals

TEACHING EXPERIENCE

Associate Professor/Full Professor Professional Practice, Louisiana State University, Spring 2015-present

- ATRN 2000 Emergency Medical Response, Spring 2015, 2021
- ATRN 2001 Foundations of Patient Clinical Assessment, Fall 2015-2019
- ATRN 2505 Orthopedic Injury Evaluation Techniques I, Spring 2016-2020
- ATRN 2507 Physical Therapeutic Modalities, Spring 2016-2020
- ATRN 3201 Athletic Training Practicum IV, Spring 2021
- ATRN 3505 Orthopedic Injury Evaluation Techniques II, Fall 2016-2020
- ATRN 4200 Athletic Training Practicum V, Fall 2020-2021
- ATRN 4201 Athletic Training Practicum VI, Spring 2021& 2022
- ATRN 7001 Introduction to Athletic Training Clinical Practice, Summer 2021, 2022
- ATRN 7002 Protective Taping and Bracing, Summer 2021-2023
- ATRN 7103 Lower Extremity Ortho Evalaution Fall 2021-2023
- ATRN 7104 Clinical Diagnostic Procedures, Spring 2023
- ATRN 7200 Athletic Training Clinical Practice II Spring 2022, 2023
- ATRN 7201 Upper Extremity Ortho Evaluation Spring 2022, 2023
- ATRN 7202 Therapeutic Modalities, Fall 2021-2023
- ATRN 7401 Management of Nutritional & Psychosocial Conditions, Fall 2022
- ATRN 7500 Athletic Training Clinical Practice V, Spring 2023
- KIN 2500 Human Anatomy, Summer 2015
- KIN 2509 Medical Terminology, Spring 2016, Wintersession 2016
- KIN 2600 Human Sexuality, Summer 2017-2021, Wintersession 2017-2020
- KIN 2900 Independent Study, Spring 2022

KIN 3509 Therapeutic Rehabilitation, Spring 2015
KIN 3512 Therapeutic Modalities, Fall 2015, Spring 2017-2019
KIN 4535 Exercise Programs and Implementation, Fall 2021, Spring 2022
KIN 4538 Practicum in Exercise Science, Spring 2022
KIN 4505 Human Movement Internship, Summer 2015-2018
KIN 4505 Human Movement Internship in Costa Rica, Maymester 2019

Assistant/Associate/Full Professor, Troy University, Fall 2003- Fall 2014

AT 3301 Clinical Experiences in Athletic Training, Fall 2003- 2014
AT 3302 Clinical Experiences in Athletic Training, Spring 2004- 2014
AT 3360 Principles of Drug Therapy for Athletic Trainers, Fall 2004- 2009
AT L396 Evaluation of Athletic Injuries and Illnesses I Lab, Fall 2009-2013
AT L397 Evaluation of Athletic Injuries and Illnesses II Lab, Spring 2010-2014
AT 4401 Clinical Experiences in Athletic Training, Fall 2005-2013
AT 4402 Clinical Experiences in Athletic Training, Spring 2006-2014
AT 4447 Therapeutic Modalities, Fall 2003- 2013
AT 4448 Therapeutic Exercise, Spring 2004-2014
KHP 2202 First Aid and CPR, Spring 2004- 2005
KHP 2240 Personal Health, Summer 2007
KHP 3352 Kinesiology, Summer 2007
KHP 3395 Care & Prevention of Athletic Injury, Fall & Spring 2004-2009
KHP 3395 Care & Prevention of Athletic Injury e-course, Summer 2008
KHP 4475 Exercise Testing & Prescription, Fall 2006, Fall 2007
KHP 4476 Exercise Science Lab Practicum, Spring 2007
KHP 6620 Physical Fitness: A Critical Analysis, Summer 2009
KHP 6632 Critical Issues in Sport and Fitness Management, Fall 2009
KHP 6670 Exercise Disease and Prevention, Fall 2008, Spring 2010

Instructor, The University of Southern Mississippi, Fall 2001- Spring 2003

HPR 160 Beginning Swimming: Fall 2001, Spring 2002
HPR 219 Introduction to Athletic Training: Spring 2003
HPR 274 Taping and Wrapping of Athletic Injuries for Athletic Trainers: Spring 2002
HPR 309 First Aid: Fall 2001
HPR 370 Care and Prevention of Athletic Injuries for Coaches: Fall 2001, Spring 2002
HPR 371 Care and Prevention of Athletic Injuries for Athletic Trainers: Fall 2002
HPR 472 Athletic Training Seminar II: Spring 2003

Assisted with the instruction of the following courses, The University of Southern Mississippi, Fall 2001- Spring 2003

- HPR 374 Evaluation of Athletic Injuries I, Teaching Assistant: Fall 2001
- HPR 375 Evaluation of Athletic Injuries II, Teaching Assistant: Spring 2002,
Spring 2003
- HPR 378 Rehabilitation of Sport Injuries: Spring 2003

Instructor, Eastern Kentucky University, Fall 2000- Spring 2001

- HPR 180 Fitness and Wellness: Fall 2000
- HPR 282 Step Aerobics: Spring 2001
- HPR 282 Tae Boxing: Spring 2001

HONORS AND AWARDS

- 2023 Southeast Athletic Trainers Association Education Administration Award
 - This award is given to a member that is committed to teaching athletic training skills and functioning in a leadership capacity at an institution.
- 2022 National Athletic Trainers Association Service Award
- 2018 College of Human Sciences and Education Outstanding Faculty Service Award
- 2017 TAF Undergraduate Teaching Award at Louisiana State University
 - Awarded annually to a Full-time Professor for outstanding teaching in undergraduate courses
- 2017 Most Distinguished Athletic Trainer for Southeast Athletic Trainers Association
 - Awarded annually to an outstanding Athletic Trainer in the southeast region who has a dedicated record of service to the profession
- 2015 Recipient of Texas Legislature Life Saving Award
- 2012 Southeast Athletic Trainers Association Education Administration Award
 - This award is given to a member that is committed to teaching athletic training skills and functioning in a leadership capacity at an institution.
- 2011 Alabama College and University Athletic Trainer Award
 - Awarded annually to an outstanding athletic trainer in the state of Alabama who works in a college or university setting
- 2011 Ingalls Award Recipient
 - Awarded annually to the teacher on the Troy Campus who has “most diligently, effectively and cheerfully conducted his or her classes during the current academic year.” Students nominate faculty members for the award, and a committee of students and faculty advisors selects the recipient
- 2010 Phi Kappa Phi Chapter 129 Scholar Award Recipient
 - Awarded annually to a single faculty member for scholarship and research excellence
- 2009-2010 Chancellor’s Fellow at Troy University
- 2008 Honorary Member of Iota Tau Alpha, Athletic Training Honor Society
- 2002 Recipient of the Jim Gallaspy Leadership Award

SCHOLARSHIP AND CREATIVE ACTIVITY

Technology publications (n=8)

- Prentice, W., Bobo, L & **Benson, A.** (2020). *TherEx Anywhere App*. <https://apps.apple.com/us/app/therex-anywhere/id1539418338>
- Prentice, W., **Benson, A.**, & Bobo, L. (2013). *Athletic Training Plus Rehab (1.2)*. Designed with over 650+ balance, core, and stability videos to show your patients how to correctly perform exercises and techniques that are critical to their successful rehabilitation and recovery. [Mobile application software]. Retrieved from <https://itunes.apple.com/sl/app/athletic-trainer-plus-balance/id593635045?mt=8>.
- Prentice, W., **Benson, A.**, & Bobo, L. (2013). *Physical Therapy Plus (1.0)*. Designed with over 200+ balance, core, and stability videos to show your patients how to correctly perform exercises and techniques that are critical to their successful rehabilitation and recovery. [Mobile application software]. Retrieved from <http://physicaltherapistplus.com/#sec5>.
- Prentice, W. E., **Benson, A. A.**, Bobo, L. S. (2013). In Van Brien & Associates (Ed.), *Athletic Trainer Plus: Flexibility (1.2)*. St. Louis, MO: itunes.apple.com/us/app/athletic-trainer-plus-balance/id593635045?ls=1&mt=8.
- Prentice, W. E., **Benson, A. A.**, Bobo, L. S. (2013). In Van Brien & Associates (Ed.), *Athletic Trainer Plus: Manual Therapy (1.2)*. St. Louis, MO: itunes.apple.com/us/app/athletic-trainer-plus-rehab/id593635045?mt=8.
- Prentice, W. E., **Benson, A. A.**, Bobo, L. S. (2013). In Van Brien & Associates (Ed.), *Athletic Trainer Plus: Strength (1.0)*. St. Louis, MO: itunes.apple.com/us/app/athletic-trainer-plus-balance/id593635045?ls=1&mt=8.
- Prentice, W., **Benson, A.**, & Bobo, L. (2012). *Athletic Training Plus Balance (1.0)*. Designed with over 200+ balance, core, and stability videos to show your patients how to correctly perform exercises and techniques that are critical to their successful rehabilitation and recovery. [Mobile application software]. Retrieved from <https://itunes.apple.com/us/app/id593635045?mt=8>.
- Bobo, L. & **Andrews, A.** (2010, February). *Connect to Principles of Athletic Training*. McGraw-Hill Publishers. Comprehensive multi-media study guide to *Arnheim's Principles of Athletic Training: A Competency-based Approach, 14th ed.* ISBN-13 9780077347468.

Peer reviewed publications (n=14)

- Green, M. **Benson, A.**, Martin, T. (2018). Effect of Mouthguard Use on Metabolic and Cardiorespiratory Responses to Aerobic Exercise in Males. *Research Quarterly for Exercise and Sport*. <https://doi.org/10.1080/02701367.2018.1451816>
- Bobo, L., Benson, A., Green, M. (2012). The Effect of Self-Reported Efficacy on Clinical Skill Performance. *Athletic Training Education Journal*. *7*(4), 176-186.
- Sluder, B. & Benson, A. (2012). The Effect of Facebook on Teaching Applicants employability in Georgia. *Georgia Educational Researcher*. *9*(1), 73-80.

- Benson, A., Bobo, L., Green, M. (2012). Comparison of Video and Real-Time Scoring Techniques. Journal of Allied Health. **41(3) 118-122.**
- Sluder, B. & Benson, A., Martin, C. & Freeland, R. (2012). A Southeastern United States Exploration of Social Media Usage by School Administrators in Screening Prospective and Current Teachers. Journal of Technology Integration in the Classroom. **4(2) 31-40.**
- Bobo, L., Andrews, A. (2010). Using video feedback to measure self-efficacy. Journal of Instructional Pedagogy. **3**, 1-11.
- Sluder, B. & Andrews A. (2010). The Effect of Facebook on Hiring Teachers. Journal of Technology Integration in the Classroom. **2(1)**, 73-80.
- Andrews, A. & Bobo, L., Spurlock, A. (2010). Use of Video feedback in the training of pre-service teachers. Journal of Instructional Pedagogy **2**, 79-88.
- Bobo, L. & Andrews, A. (2009) *Essentials of Athletic Injury Management, 8th ed. Instructor's Manual / Test Bank*. New York, New York: McGraw-Hill Higher Education.
- Bobo, L., Andrews, A. (2009). Photoallergic Contact Dermatitis Caused by Sunscreen Lotion. Athletic Therapy Today, **14(6)**, 9-12.
- Spurlock, A., Andrews, A. (2008). Women Incorporating a New Leaf (WIN): A Pilot Program for Women. ASAPHERD Journal, **28 (2)**, 18-21.
- Andrews, A., Howard-Shaughnessy, C., & Adams, J. (2007). "Staph": Are you and your students safe? JOPERD, **78(9)**, 19-21.
- Jones, M., Andrews, A., & Ellis, J. (2007). Endometriosis in a Division II Collegiate Volleyball Athlete. Athletic Therapy Today, **12 (5)**, 11-13.
- Drummond, J.L., Speed, N., & Andrews, A.K. (2006). The relationship between use of first names and a measure of effective teaching in elementary physical education. OAHPERD Journal, **42 (3)**, 21-26.
- The effects of instruction on selected behaviors of pre-service Athletic Trainers during Peer-Teaching- Dissertation project, University of Southern Mississippi, under the supervision of Dr. Sandra Gangstead, May 2003

Non Peer Reviewed Publication (n=8)

- Benson, A. & Bobo, L. (2023) *Essentials of Athletic Injury Management, 10th ed. Test Bank*. New York, New York: McGraw-Hill Higher Education.
- Benson, A. & Bobo, L. (2015) *Essentials of Athletic Injury Management, 10th ed. Instructor's Manual*. New York, New York: McGraw-Hill Higher Education
- Benson, A. & Bobo, L. (2015) *Essentials of Athletic Injury Management, 10th ed. PowerPoints*. New York, New York: McGraw-Hill Higher Education.
- Benson, A. & Bobo, L. (2015) *Essentials of Athletic Injury Management, 10th ed. Test Bank*. New York, New York: McGraw-Hill Higher Education.
- Benson, A. (2015). Exam Writer for Measurement for Evaluation in Kinesiology, 9e. Human Kinetics.
- Andrews, A. (2008). To Err is human: A perspective for new students. Training & Conditioning, **XVIII(6)**, 5-6.
- Benson, A. & Bobo, L. (2009) *Essentials of Athletic Injury Management, 8th ed.*

Instructor's Manual. New York, New York: McGraw-Hill Higher Education.

- **Benson, A. & Bobo, L.** (2009) *Essentials of Athletic Injury Management, 8th ed. Test Bank*. New York, New York: McGraw-Hill Higher Education.

Competitive Grants (n=18)

- **Benson, A.** (2017) National Athletic Trainers Association-Meeting Funds. Amount Awarded: \$500.00.
- **Benson, A.**, (2016) How can you make your Graduates better Preceptors? Office of Research and Economic Development: Faculty and Junior Faculty Travel Grant Program. Amount awarded: \$750.00
- **Benson A., Johannsen N., & Irving B.** (2016) Assessing hydration status and heat related-illness predictors in women's soccer players. Southeast Athletic Trainers' Association Research Grants. Amount sought: \$2000.00 (unfunded)
- **Benson, A.** (2015) National Athletic Trainers Association-Meeting Funds. Teaching Enhancement Fund Travel Grant. Amount Awarded: \$500.00
- **Benson, A.A & Reid, M** (2015) Utilizing Evidence Based Practice Continuing Education Units to Educate Certified Athletic Trainers on General Medical Conditions in Ethnically Diverse Populations. National Athletic Trainers Association Ethnic Diversity Enhancement Grant. Amount awarded \$2,510.00
- **Green, D.M. & Benson A.A** (2013) Health Care Innovation Collaboration: Obstructive Sleep Apnea. Center for Medicare & Medicaid Services, Health Care Innovation Award. \$7,200,000.00. Unfunded.
- **Benson A. A.** (2013). Combining Sport and Medicine Programs to Create International Partnerships. Paper Presentation Grant, Troy University, Troy, Alabama. Amount Awarded \$750.00.
- **Benson A.A.** (2013). A Pilot Study Investigating the Effect of Concussion, Height, and Gender on Dominant Leg Stability and Center of Balance in Division I Athletes Utilizing the Nintendo Wii Balance System. Paper Presentation Grant, Troy University, Troy, Alabama. Amount Awarded \$750.00.
- **Benson A.A.** (2011) Funding for the Biodex Play it Safe PRO. Troy University Grant Writing Fund , Troy University, Troy Alabama. Amount awarded \$3,000.00.
- **Benson A.A. & Bobo L.** (2011) Medical screening to low-socioeconomic families in Puerto Rico: A collaborative effort by Troy University Social Work and Athletic Training Students. National Athletic Trainers Association Diversity Enhancement Grant. Amount sought \$4950.00 (unfunded).
- **Green M. & Benson A.A** (2011) Effect of a Non-Steroidal Anti-Inflammatory Drug on Delayed Onset Muscle Soreness and Recovery from Exercise-Induced Muscle Injury. Regional grant proposal submitted to the Southeast Athletic Trainers Association (SEATA). Amount sought \$1692.00 (unfunded).
- **Benson A.A.** (2010). Performance Measurement and Assessment using Dartfish Software. Paper Presentation Grant, Troy University, Troy, Alabama. Amount Awarded \$750.00.
- **Andrews, A.K.** (2009). Measuring Self-Efficacy in Learning to Perform a Psychomotor Competency Skill Utilizing Video Feedback as an Educational Intervention. Summer Research Grant, Troy University, Troy Alabama. Amount awarded \$1347.50.

- Bobo, L. & **Andrews, A.** (2007). Utilizing Dartfish for video feedback in the acquisition of clinical skill development of athletic training students. Project grant proposal submitted to the National Athletic Trainers' Association Research and Education Foundation for a pre-proposal submission (October 26, 2007) (unfunded)
- Spurlock, A., Smith, E., **Andrews, A.**, Howard, C. & Weed, D. (2006) Women Initiating New Ways (WIN). RYKA Women's Fitness Grant, Women's Sports Foundation, East Meadow, New York. Amount sought \$5000.00. (unfunded)
- **Andrews, A.K.** (2005) The Effects of Three Instructional Intervention Protocols on Athletic Training Student Peer-Teacher Feedback Behavior: an Educational Teaching Unit Design Approach. Paper Presentation Grant, Troy University, Troy Alabama. Awarded amount \$750.00
- **Andrews, A.K.** (2005) How Proper Instruction Can Effect Augmented Feedback In Peer Teaching. Summer Research Grant, Troy University, Troy Alabama. Awarded amount \$4500.
- **Andrews, A.K.** (2004) The Effects of Instruction on Selected Behaviors of Pre-service Athletic Training Students During Peer Teaching. Paper Presentation Grant, Troy University, Troy Alabama. Awarded amount \$511.50.

Professional Presentations (* denotes current or former student)

Peer Reviewed International (n=3)

- **Benson, A.**, Bobo, L. (October 2010). Performance Measurement and Assessment using Dartfish Software. Association for the Advancement of Computing in Education 2010 E-Learn International Conference. Orlando, Florida.
- Bobo, L., **Benson, A.** (October 2010). Creating a multi-media rich platform for McGraw-Hill Higher Education. Association for the Advancement of Computing in Education 2010 E-Learn International Conference. Orlando, Florida.
- **Andrews, A.**, Bobo, L., Gangstead, S. (January, 2006) The Effects of Three Instructional Intervention Protocols on Athletic Training Student Peer-Teacher Feedback Behavior: an Educational Teaching Unit Design Approach. (Poster Presentation) 2006 Hawaii International Conference on Education. Honolulu Hawaii.

Peer Reviewed National (n=26)

- Arancio, G. & **Benson, A.** (June 2021). (Poster Presentation) Anterior Compartment Hematoma with Impending Compartment Syndrome Caused by Heterotopic Ossification of the Femur in a Collegiate Football Player. 2021 National Athletic Trainers Association Conference, Virtual.
- Knighton, S.*, & **Benson, A.** (June 2018). (Poster Presentation) Alpha-Gal Allergy After Chigger Bite. 2018 National Athletic Trainers Association Conference, New Orleans, Louisiana.
- Workman, P. & **Benson, A.** (June 2018). (Poster Presentation) Managing the Health Care of a Division I Softball Player with Lupus. 2018 National Athletic Trainers Association Conference, New Orleans, Louisiana.

- **Benson, A.A & Reid, M** (June 2017) Utilizing Evidence Based Practice Continuing Education Units to Educate Certified Athletic Trainers on General Medical Conditions in Ethnically Diverse Populations. (Poster & Oral Presentation) 2017 National Athletic Trainers Association Meeting, Houston, Texas.
- Foust, M.*, Harper, R., **Benson, A.** (June 2017). (Poster Presentation) Graves' Disease in a 17-year-old Football Player. 2017 National Athletic Trainers Association Conference, Houston, Texas.
- Bobo, L & **Benson, A.** (February 2017). Integrating Video Feedback with the Acquisition of Clinical Skills for Students. 2017 National Athletic Trainers Educators Conference, Dallas Texas.
- **Benson, A.** & Bobo, L (February 2017). How can you make your Graduates Better Preceptors? 2017 National Athletic Trainers Educators Conference, Dallas TX.
- Manspeaker, S. & **Benson, A.** (October 2016). Ensuring and Highlighting Quality Clinical Education for Accreditation. 2016 Annual CAATE Accreditation Conference, Tampa, Florida.
- **Benson, A.** & Tillman, M. (January 2014). Addressing Administrative Challenges in Performing Faculty Evaluations. 2014 National Association for Kinesiology in Higher Education, San Diego, California.
- **Benson, A.** & Rodriguez, R. (October 2013). Combining Sport and Medicine Programs to Create International Partnerships. Hispanic Association of Colleges and Universities, Chicago, Illinois.
- Trotter, N* & **Benson, A.** (June 2013). Incidence of Autoimmune Neuromuscular Hyper-Excitability in a Division I Collegiate Athlete. (Poster Presentation) National Athletic Trainers Association Annual Meeting, Las Vegas, Nevada.
- Kryglowski, A*, **Benson, A** & Green, M. (June 2013). The Effects of Fatigue on Balance Utilizing the Nintendo Wii Balance Board.(Poster Presentation)National Athletic Trainers Association Annual Meeting, Las Vegas, Nevada.
- Bobo, L. & **Benson, A.** (June 2012). How to Integrate Cultural Competence into Your Curriculum. (Poster Presentation) National Athletic Trainers Association Annual Meeting. Saint Louis, Missouri.
- Green, M.S., Martin, T.D., **Benson, A.A**, Corona, B.T., Ingalls, C.P. (2012). Ibuprofen prolongs functional deficits after a repeated bout of downhill treadmill running. ACSM Annual Conference San Francisco, California.
- **Benson, A.** & Bobo, L. (June 2011). How to Develop a Study Abroad Program in Cultural and Ethnically Diverse Locations. (Poster Presentation) National Athletic Trainers Association Annual Meeting. New Orleans, Louisiana.
- Bobo, L., **Benson, A.A.** (February 2011). Utilizing Local Resources to Create Quality General Medical Clinical Experiences. 2011 Bi-Annual National Athletic Training Educators Conference. Washington, DC.
- Bobo, L., **Benson, A.A.** (February 2011). Building a Comprehensive Master Assessment Plan. (Poster Presentation) 2011 Bi-Annual National Athletic Training Educators Conference. Washington, DC.
- **Benson, A. A.**, Bobo, L. & Green, M. (February 2011). Are Teachers Being Fair When Assessing Students' Clinical Skills? (Poster Presentation) 2011 Bi-Annual National Athletic Training Educators Conference. Washington, DC.

- **Andrews, A., Bobo, L. & Spurlock, A.** (September 2009). Using Video feedback to evaluate clinical instruction. 2009 Academic and Business Research Institute Conference. Orlando, Florida.
- **Bobo, L., Andrews, A.,**(September 2009). Using Video feedback to measure self efficacy. 2009 Academic and Business Research Institute Conference. Orlando, Florida.
- **Jones, M., Andrews, A., Cross, R.** (January 2007) The Graduate Program Mentor Model: Preparing Graduate Athletic Training Students for Careers in Higher Education. (Poster Presentation) 2007 NATA Athletic Training Educators' Conference. Dallas, Texas.
- **Andrews, A., Bobo, L.** (January 2007). Using Videotape Feedback to Prepare Graduate Students to Become Approved Clinical Instructors. (Poster Presentation) 2007 NATA Athletic Training Educators' Conference. Dallas, Texas.
- **Dockery, R.*, Hogg, J*, Andrews, A., & Whiteside, J.** (June, 2006). Oblique Spiral Fracture of the Fibula in a Football Athlete. (Poster Presentation) 2006 National Athletic Trainers Association National Meeting. Atlanta, Georgia.
- **Andrews, A., Gangstead, S., Emlich, J.** (January 2005) The Effects of Instruction on Specific Behavior of Athletic Training Students During Peer Teaching. (Poster Presentation) 2005 NATA Athletic Training Educators' Conference. Montgomery, Texas.
- **Andrews, A., Gangstead, S., Duplantis, P.** (April, 2004) The Effects of Intervention on Selected Behaviors of Preservice Athletic Trainers During Peer Teaching. (Poster Presentation) 2004 AAPHERD National Convention. New Orleans, Louisiana.
- **Andrews, A., Cross, R., Jones, M.** (January 2003). The Doctoral Program Mentor Model. National Association for Physical Education in Higher Education, Long Beach, California

Invited National Presentation (n=13)

- **Benson, A, Henning, J, & Schmidt C.** (August 2023). CAATE Mentoring. CAATE Peer Review Training Conference, Washington, DC.
- **Benson, A.** (December 2020). Peer Review Committee Panalist. CAATE Accreditation Conference, Virtual.
- **Benson, A.** (August 2020). National Peer Review Training. CAATE Peer Review Training, Virtual.
- **Benson, A.** (October 2018). Training Preceptors. CAATE Accreditation Conference, Tampa, Florida.
- **Benson, A.** (October 2018). CAATE Review Team Training. CAATE Review Team Training, Tampa, Florida.
- **Benson, A.** (January 2018). CAATE Review Team Training: Writing Professional Standards Rationales. CAATE Review Team Training, Las Vegas, Nevada.
- **Benson, A.** (January 2018). CAATE Review Team Training: How to Write your Standardized Responses. CAATE Review Team Training, Las Vegas, Nevada.
- **Benson, A.** (October 2017). CAATE Administrators Training. CAATE Accreditation Conference, Tampa, Florida.

- **Benson, A.** (October 2016). CAATE Review Team Training: Commonly Made Mistakes in the Review Process. CAATE Review Team Training, Tampa, Florida.
- **Benson, A.** (October 2015). CAATE Review Team Training: The Ins and Outs of Accreditation. CAATE Review Team Training, Tampa, Florida.
- **Benson, A. & Bobo, L.** (October 2015). Opportunities for International Clinical Experiences/Program Exchanges. CAATE Accreditation Conference, Tampa, Florida.
- **Benson, A.** (October 2015). Advanced Programmatic Assessment: Making Good Better. CAATE Accreditation Conference, Tampa, Florida.
- **Benson, A.** (June 2012). Using Facebook, Twitter and Social Media for Networking. National Athletic Trainers Association Annual Meeting, Saint Louis, Missouri.

Peer Reviewed District & Regional (n=14)

- Patin, L*, Collins, M, **Benson, A.** (February 2019). Treatment and Management of Giant Cell Tumor of Synovium. Southeast Athletic Trainers Student Symposium, Atlanta, Georgia. (Oral & Poster)
- Fisher, K.*, **Benson, A.** (February 2018). Paget-Schroetter Syndrome as a Result of Thoracic Outlet Syndrome in a Collegiate Baseball Pitcher. Southeast Athletic Trainers Student Symposium, Atlanta, Georgia. (Oral & Poster)
- Foust, M.*, Collins, M., & **Benson, A.** (February 2017). The Management of Chronic Urticaria in a Female Collegiate Basketball Player. Southeast Athletic Trainers Student Symposium, Atlanta, Georgia. (Oral & Poster)
- **Benson, A.**, Green, M, & Forte, C*. (July 2016). The Effect of Mouthguards on Athletic Performance. Southwest Athletic Trainers Association, Addison, Texas.
- Mount, J* & **Benson A.** (February 2014). How Ibuprofen Exacerbated a Hemothorax in a Division I Collegiate Football Player. (Poster Presentation). Southeast Athletic Trainers Student Symposium, Atlanta, Georgia.
- Griffin, K* & **Benson A.** (February 2014). Thoracic Outlet Syndrome Secondary to Effort Thrombosis in a Division 1 Strength & Conditioning Coach. Southeast Athletic Trainers Student Symposium, Atlanta, Georgia.
- **Benson, A.**, Sexton, J* & Green, M. (February 2013). A Pilot Study Investigating the Effect of Concussion, Height, and Gender on Dominant Leg Stability and Center of Balance in Division I Athletes Utilizing the Nintendo Wii Balance System. (Oral & Poster Presentation). Big Sky Athletic Training and Sports Medicine Conference. Big Sky, Montana.
- Bobo L, **Benson A.**, Miller SE, Dickhaut S, Cagle D (July 2012). Intramural hematoma of the right transverse colon and ischemic colitis in a college football athlete. (Oral & Poster Presentation) Southwest Athletic Trainers Association, Addison, Texas.
- Kryglowski, A*, Brack, W*, **Benson, A.** & Green, M. (March 2012). The Effects of Fatigue on Balance. (Poster Presentation) Southern Sport Management Conference. Troy, Alabama.
- Sluder, B., & **Andrews, A.** (January 2010). The Effect of Social Networking Sites (eg. Facebook/Myspace) on Hiring Practices in K-12 Public Education. Share the Wealth Conference, Jekyll Island, Georgia.

- **Andrews, A., Bobo, L., & Spurlock, A.** (February 2008). Techniques of improving peer instruction utilizing self-analysis and video feedback. (Poster Presentation)
- **Drummond, J.L., Speed, N.M., & Andrews, A.K.** (March, 2006). The Relationship Between Use of First Names and Effective Elementary Physical Education Teaching. (Poster Presentation) 2006 Southern District AAPHERD Conference. Virginia Beach, Virginia.
- **Andrews, A.** (February, 2003) Record Keeping and Documentation. Southeast Athletic Trainers Association Student Symposium. Atlanta, Georgia
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
Emergency Medical Situations video
Emergency Medical Situations Laboratory Instructor, February 2002
- **Andrews, A.** (February, 2002) Emergency Medical Conditions. Southeast Athletic Trainers Association Student Symposium. Atlanta, Georgia

Invited District & Regional (n=36)

- **Benson, A. et alt.** (February 2021). BOC Examination Review and Strategies, Organization & Administration, Professional Development & Responsibility, Psychosocial Intervention & Referral Faculty Round Table. Southeast Athletic Trainers' Association Student Symposium, Virtual
- **Benson, A. et alt.** (February 2021). Patient-Centered Care and Communication Faculty Round Table. Southeast Athletic Trainers' Association Student Symposium, Virtual
- **Benson, A. et alt.** (February 2021). Head & Face, General Medical Conditions & Disabilities, Pharmacological Considerations and Abdominal/Thorax Faculty Round Table. Southeast Athletic Trainers' Association Student Symposium, Virtual
- **Benson, A** (February 2021). Thorax and Abdominal Injuries -Preparing for the BOC. Southeast Athletic Trainers' Association Student Symposium, Virtual
- **Benson, A** (February 2021). How to be an effective communicator in an ever changing profession. Southeast Athletic Trainers' Association Student Symposium, Virtual.
- **Benson, A** (February 2021). Psychosocial Interventions- Preparing for the BOC. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2020). Thorax and Abdominal Injuries in Athletes. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2020). How to be an effective communicator in an ever changing profession. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2020). Psychosocial Concerns in Athletic Training-BOC Prep. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2019). Psychosocial Concerns in Athletic Training. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2019). Thorax and Abdominal Injuries- Your BOC Prep. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2019). The essentials of communication. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia

- **Benson, A** (February 2018). Psychosocial Concerns in Athletic Training: Is it all in their head? Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2018). Social Media in 2018: The hidden dangers. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2018). Thorax and Abdominal Injuries. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2017). Psychosocial in the field Athletic Training. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2017). Social Media and its Impact on your Job. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2016). Utilizing Social Media to Your Benefit When Searching for Jobs. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A & Bobo, L** (2016). Therapeutic Modalities in the Clinical Setting. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2015). The ABC's of Social Media. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A** (February 2015). Thorax and Abdominal Injuries. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A.** (February 2014). Creative Ways to Make the New CAATE Standards Work For Your Program. Southeast Athletic Trainers' Association Educators Conference, Atlanta, Georgia
- **Benson, A.** (February 2014). Facebook: Do you really want to be on social media?. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A.** (February 2013). Facebook: What you need to know to get that job Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- **Benson, A.** (February 2012). Facebook: What you need to know. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia.
- **Benson, A.** (February 2011). Facebook: The good and the bad. Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia.
- **Andrews, A.** (February 2010). What's up with Facebook? Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia.
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia Laboratory Coordinator, February 2010.
- Southeast Athletic Trainers' Association Educator Conference, Atlanta, Georgia.
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia Laboratory Coordinator, February 2009
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia Laboratory Coordinator, February 2008
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia Laboratory Coordinator, February 2007
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia Laboratory Coordinator, February 2006
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia

- Laboratory Coordinator, February 2005
- Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- Laboratory Coordinator, February 2004 Southeast Athletic Trainers' Association Student Symposium, Atlanta, Georgia
- Modalities video
- Modalities Laboratory Instructor, February 2003

Invited State & Local (n=27)

- **Benson, A.** (2018) Making your High School Safe(r). 2018 Mississippi Athletic Trainers Association State Meeting, Biloxi, Mississippi.
- Bobo, L., **Benson, A.** (2017) Making your High School Safe(r). 2017 University of Southern Mississippi Annual Symposium. Hattiesburg, Mississippi.
- **Benson, A.**, Bobo, L. (2017) A review of Understanding Soft Tissue Healing and Management Techniques. 2017 University of Southern Mississippi Annual Symposium. Hattiesburg, Mississippi.
- Bobo, L., **Benson, A.** (2017) A review of Concussion Assessment and Management Techniques. 2017 University of Southern Mississippi Annual Symposium. Hattiesburg, Mississippi.
- Bobo, L., **Benson, A.** Unique Pathologies: Believe it or Not? 2017 Louisiana Athletic Trainers Association Meeting. New Orleans, Louisiana.
- **Benson, A.** (2017) Infectious Diseases. 2017 Mississippi Athletic Trainers Association State Meeting. Biloxi, Mississippi.
- **Benson, A.** (2014) Legal Liability & Athletic Training. 2014 USM Alumni Symposium, Hattiesburg, Mississippi.
- Floyd, RT, **Benson, A.**, King, C., Sappington S. & Colston M. (2014) Panel discussion: Ethics and Professional Responsibility. 2014 Alabama Athletic Trainers Association State Meeting. Birmingham, Alabama.
- **Benson, A.** (2012) Technology, should I love it or hate it? 2012 Alabama Athletic Trainers Association State Meeting. San Destin, Florida.
- **Benson, AA**, Sexton, J*, & Green M. (2011). Effect of Height on Dominant Leg Stability in Male Athletes Utilizing the Nintendo Wii Balance System. 2011 Alabama Alliance for Health, Physical Education, Recreation and Dance Annual Fall Meeting. Birmingham, Alabama.
- Sluder, JB, & **Benson, AA.** (2011). The Effect of Facebook on Teaching Applicant's Employability in the State of Alabama. Alabama Alliance for Health, Physical Education, Recreation and Dance Annual Spring Meeting. Orange Beach, Alabama.
- **Andrews, A.** (May 2010). Social Networking 2010 Alabama Athletic Trainers Association State Meeting. San Destin, Florida.
- **Andrews, A.** (May 2009). Athletic Training Education: It Can Be Fun and Games. 2009 Alabama Athletic Trainers Association State Meeting. San Destin, Florida.
- **Andrews, A.** (July, 2008). Involve and Evolve: The Movements Effect on District IX. 2008 Mississippi Athletic Trainers Association State Meeting. Biloxi, Mississippi.

- **Andrews, A.** (May 2008). Athletic Training Education: How are We Evolving? 2008 Alabama Athletic Trainers Association State Meeting. San Destin, Florida.
- **Andrews, A.** (May 2007). Athletic Training Education: Where Are We Going? 2007 Alabama Athletic Trainers Association State Meeting. San Destin, Florida.
- **Andrews, A.** (April 2007). Staph Infections: Prevention & Treatment. Alabama Alliance for Health, Physical Education, Recreation and Dance Annual Spring Meeting. Orange Beach, Alabama.
- **Andrews, A.** (November 2006). Preventing MRSA in the Schools. Alabama Alliance for Health, Physical Education, Recreation and Dance Annual Fall Meeting. Birmingham, Alabama.
- **Andrews, A.** (April 2006). The Proper Fitting of Orthotics and Footwear for Recreational Activities. Women Incorporating a New Leaf Symposium. Troy, Alabama.
- **Andrews, A.** (May, 2005) Pharmacology in Athletic Training Facilities. 2005 Alabama Athletic Trainers Association State Meeting. Gulfport, Mississippi.
- **Andrews, A.** (July 2004) Neuropsychological Evaluations. Baptist Health Sports Medicine Annual Athletic Trainer's Conference, Montgomery, Alabama
- **Andrews, A.** (December, 2003) How Interventions can Effect Cuing during Peer Teaching. Mississippi Alliance for Health, Physical Education, Recreation and Dance Annual Meeting. Gulfport, Mississippi.
- The University of Southern Mississippi Students Athletic Trainer Workshop, Hattiesburg, Mississippi
Blood Borne Pathogens
Heat Illness
Hamstring Injuries/evaluation
Taping Laboratory Instructor, June 2002
- **Andrews, A.** (January 2002) Health Related Professions. North Forrest High School. Hattiesburg, Mississippi
- **Andrews, A.** (June, 2001) Emergency Medical Conditions in Football. Kentucky Pop-Warner Football. Richmond, Kentucky
- **Andrews, A.** (April, 2001) Athletic Training as a Profession. Madison Central High School. Richmond, Kentucky
- **Andrews, A.** (April, 2001) Athletic Training at the Collegiate Level. Eastern Kentucky's Health Related Career Fair. Richmond, Kentucky

PROFESSIONAL SERVICE

International Service

- Athletic Trainer for Central American Games, San Jose, Costa Rica, March 2013
- USA TaeKwonDo International Exchange Athletic Trainer, Colorado Springs, Colorado, September 2010

National Service

- Peer Review Committee for CAATE, October 2019-present

- Chair of the AdHOC CAATE Peer Review Development & Training June 2020-2022
- Member of the AdHOC CAATE Virtual Site Visitor training June 2020-2022
- Invited Focus Group Participant for development of Site Visitor Training for 2020 Standards, February 2019
- Chair of the AdHOC CAATE Site Visitor Selection Committee 2018
- CAATE Committee Member for Accreditation Standards Review 2017-2019.
- 2018 National Athletic Training Conference Programming Review Team
- Review Committee Chair for the Commission on Accreditation on Athletic Training Education, 2016-2019
- National Athletic Trainers Foundation Scholarship Committee Chair, 2016-present
- National Athletic Trainers Foundation Scholarship Committee Chair Elect, 2015-spring 2016
- Review Committee Chair-elect for the Commission on Accreditation on Athletic Training Education, 2015-2016
- Reviewer for Journal of Sport and Health Science. (2015-2017).
- 2015 Athletic Training Education Conference Programming Review Team.
- Moderator for the 2013 NATA Athletic Training Educators' Conference.
- Book Reviewer: Holcomb Hathaway Publishers *General Medical Case Studies for Athletic Training* by Berry, Baker & Miller (2011).
- Reviewer for Journal of Interprofessional Care (International Journal) 2011-2017.
- Book Proposal Reviewer: Lippincott Williams & Wilkins Publishers. *Therapeutic Exercise of the Physically Active*, by Barbara Long (2011).
- Book Reviewer: FA Davis Publishers: *Therapeutic Modalities* 4th ed by Starkey (2011).
- Moderator for the 2011 NATA Athletic Training Educators' Conference.
- Alabama Representative for National Athletic Trainers Association "Hit the Hill Day" (2011).
- Reviewer for the Journal of Military Medicine 2010-2015.
- Commission on Accreditation of Athletic Training Education (CAATE) Review Team (Team Leader), 2010-2016.
- Reviewer of proposals for National Athletic Trainers Association Annual Meeting, 2010-present.
- National Athletic Trainers Foundation Scholarship Committee Member, 2009-2015.
- Reviewer for the International Journal of Medical Education 2009-2014.
- Alabama Representative for National Athletic Trainers Association "Hit the Hill Day" (2009).
- Book Proposal Reviewer: Elsevier Publishers. *The Ultimate Athletic Training Workbook*, by Harris, Armstrong, Kates, & Nord, 2008
- Board of Certification Exam Development Committee Multiple Choice Question Reviewer, 2008
- Alabama Representative for National Athletic Trainers Association "Hit the Hill Day" (2008).
- Book Reviewer: Lippincott Williams & Wilkins Publishers. *Athletic Training Study Guide*. (2007).

- District IX Representative on the National College & University Athletic Training Student Committee. June 2007-2013
- Board of Certification Exam Development Committee Hybrid Question Writer, 2007-2008
- Book Reviewer: Lippincott Williams & Wilkins Publishers. *Therapeutic Modalities The Art and Science*, by Kenneth Knight and David Draper (2007).
- Commission on Accreditation of Athletic Training Education Site Visitor. January 2007-present
- Book Reviewer : McGraw Hill Publishers. *Therapeutic Modalities: For Sports Medicine and Athletic Training*. By William Prentice (2006).
- Board of Certification Exam Development Committee for Multiple Choice Questions, 2006-2007
- Home Study Reviewer for the Board of Certification, 2005-2015
- Board of Certification Examiner, 2001-2007

District & State Service

- Professional Development Director for Louisiana Athletic Trainers Association 2022-present
- Benson, A & Reid, M. (2015). Organizers for *Athletic Training: Tackling the Pre-season an Evidence-Based Approach*, Baton Rouge, Louisiana.
- Chair of the Most Distinguished Athletic Trainers Committee for SEATA, 2013-present
- AD HOC member of the SEATA Hall of Fame 2013-present
- Chair of the Athletic Training Student Senate Committee, 2007-2013
- Alabama Representative for Alabama Athletic Trainers Association “Hit the Hill Day” (2008, 2009, 2011).
- Southeast Athletic Trainers Association Educators Conference Committee, 2005
- National Athletic Trainers Association Research and Education Foundation Alabama State Representative, 2004-2014
- Southeast Athletic Trainers Association Student Workshop Planning Committee 2001-2011

University Service

- Appointed member of the Functional Workstream Group for LSU Student Information System upgrade- Registration, Student Records, Curriculum Management, Academic Foundation, Academic Advising. April 2021-December 2021
- Academic Programs and Course Accessibility Exceptions Committee, March 2021-September 2021
- Ad Hoc committee LSU Faculty Senate Standards for Remote Teaching Committee. Spring 2021
- Coordinate/Instructor CPR certifications for LSU Athletics Summer 2020-present
- Assist with Medical Coverage for LSU Athletics, Fall 2020-present
- Certified COVID Contact Tracer, Spring 2020-present
- Designing and Teaching Accessible Courses, Spring 2019

- C-Cell Engaged Scholars Program, Spring 2019
- CLAWS Summer Program Guest Speaker, June 2017 & 2018
- LSU Faculty Senate's Courses and Curriculum Committee (3 year appointment-renewed), May 2016-present
- Volunteer Judge for LSU Discovery Day, April 2016, 2017, 2018
- CXC Faculty Summer Institute Attendee, Summer 2015
- Member of the Troy University Search Committee for College of Health and Human Services Dean, Spring 2014
- Member of the Troy University Internationalization task force, Fall 2013-2014
- Chair Search Committee for KHP Department Chair, Spring 2013
- Institutional Effectiveness Committee, Spring 2012-2014
- Search Committee member for Director of Nursing Position, 2012
- Troy University Tenure and Promotion- University Review Committee (URC) Fall 2011
- Faculty Assessment Workshop Team Member 2011-2013
- Associate Dean Search Committee Member Spring 2011
- Student Health Center Review Committee 2011-2012
- Alternate for the Troy University Tenure and Promotion Committee (URC) 2010
- Member of College of Health and Human Services Tenure and Promotion Committee 2009-2011, 2013-2014
- Member of the E-campus 2020 Committee, 2009-2010
- Representative for College of Health and Human Services during SACS Accreditation, 2009
- College of Health and Human Services Executive Council, 2008-2014
- College of Health and Human Services Committee for Homecoming and Alumni Events, 2007-2013
- College of Health and Human Services Committee for Internationalization, 2007-2011
- Search Committee member for Kinesiology and Health Promotion Assistant Professor Position, 2007
- College of Health and Human Services Committee for Grant Initiatives, 2006-2008
- Selected as a Troy University Mentor for Freshman Students, 2006-2007
- Troy University Faculty Development Committee, 2005-2006
- University Healthy Women's Initiative Committee, 2005-2008

Department Service/College Service

- Committee Member for School of Kinesiology Department Chair Search, Fall 2023-present
- Chair of the Athletic Training Assistant Program Director Search Committee, Summer 2022
- Member of the Sport Management Search Committee, Spring 2022
- Coordinator for Undergraduate Pre-Athletic Training Degree, January 2021-present
- Destination LSU Volunteer for School of Kinesiology, April 2021
- Designated Diversity Advocate for School of Kinesiology, Fall 2020-present

- Development of Athletic Training Recruitment Videos, Fall 2020-present
- Member of the Athletic Training Graduate Student Selection Committee, Fall 2020-present
- Member of the Athletic Training Search Committee, Fall/Spring 2020-2021
- Member of the Exercise Physiology Search Committee, Fall/Spring 2020-2021
- Kinesiology kick off events, Fall 2020
- Member of the Exercise Physiology Search Committee, Spring 2020
- LSU Study Abroad Trip, San Jose Costa Rica, Spring 2019
- CHSE Teaching Academy Fellow, Spring 2019
- College of Human Services & Education Teaching Academy, March 2019
- LSU kick off, September 2018
- LSU Admitted Student Day, April 2018
- Chair of the TAF Faculty Teaching Award, 2018
- College of Human Services and Education Recruitment Events, 2017
- Connecting with Kinesiology events, 2017
- Department of Kinesiology Scholarship Committee, 2016-present
- Athletic Training Student Club Advisor, September 2016-present
- Sport Management Search Committee, 2017
- College Courses and Curricula Committee, 2015-2018
- Undergraduate Education Strategic Planning Committee, 2015-2017.
- Exercise Science Search Committee, 2015

Consultant Reports

- Graduate feasibility Study for University of Nevada Las Vegas, Las Vegas, Nevada, Fall 2021
- Internal Program Evaluation for Stephen F Austin State University, Nacadoches, Texas, Spring 2015
- Feasibility Study for Mercer University, Macon, Georgia, Spring 2015
- Feasibility Study for Drake University, Des Moines, Iowa, Spring 2014
- Review of Accreditation documents for McNeese State University, Lake Charles Louisiana, Fall 2008
- Review of Accreditation documents for Mobile College, Mobile Alabama, Summer 2008

Volunteer Activities, August 1998 to present

- Southern Regional Championship Soccer, Baton Rouge, Louisiana, June 2023.
- USA Tae Kwan Do Nationals, San Antonio, Texas, August 2021.
- BROCFoundation Game Day Prep Physicals, May 2021.
- T-Ball volunteer coach, YMCA, March 2021-May 2021
- Kenilworth Neighborhood Pool Board, September 2020-present
- The University Laboratory School Cub Club Pow Wow Planning Committee, Baton Rouge, Louisiana, October 2018.
- Saint Aloysius Ministries, September 2018-present
- Baton Rouge Soccer Club Volunteer Coach, 2018.

- Louisiana Marathon Medical Volunteer, Baton Rouge, Louisiana, January 2018.
- National Athletic Trainers Young Professionals Committee Career Skills Workshop, Houston, Texas, June 2017
- National Athletic Trainers Young Professionals Committee Career Skills Workshop, Baltimore, Maryland, June 2016
- Planning of Louisiana State University “High School Athletic Training Day” with Athletic Training Student Club, March 2015 & March 2016
- Louisiana State University “Athletic Training Career Day” with University Lab School, March 2015
- 2015 & 2016 New Orleans Saints High School Athletic Training Student Symposium
- Walt Disney World Wine and Dine Half Marathon, Orlando, Florida November 2013
- Pike County Animal Shelter Advisory Board, Troy, Alabama 2010-2014
- Volunteer for 60th Annual National Athletic Trainers Conference, San Antonio, Texas, June 2009
- Pike County Animal Shelter Volunteer, Troy, Alabama 2009-2014
- Mississippi/Alabama High School Football All-Star Game, Mobile, Alabama, December 2008
- Mississippi/Alabama High School Football All-Star Game, Mobile, Alabama, December 2007
- Mississippi/Alabama High School Football All-Star Game, Mobile, Alabama, June 2007
- United States Olympic Training Center Volunteer, Colorado Springs, Colorado, July 2006
- Volunteer for 57th Annual National Athletic Trainers Conference, Atlanta, Georgia, June 2006
- Troy University Youth Soccer Camp, Troy, Alabama, June 2006
- Mississippi/Alabama High School Football All-Star Game, Mobile, Alabama, June 2006
- Hurricane Katrina Relief Volunteer, April 2006
- Tutor for Troy University Athletics, Troy, Alabama, 2004-2009
- Athletic Trainer for Charles Henderson High School, Troy, Alabama, August 2003-November 2004
- National Youth and Sport Program, Hattiesburg, Mississippi, June 2002
- Bluegrass State Games, Lexington, Kentucky, July 2001
- Kentucky All A Basketball Classic, Richmond, Kentucky, March 2001
- New York High School Wrestling Championships, March 2000
- Empire State Games, Long Island, New York, July 1999
- Am-Can International Judo Tournament, Buffalo, New York, May 1999
- Empire State Games, Rochester, New York, July 1998
- NCAA Track and Field Championships, Buffalo, New York, June 1998
- High School All-Star Wrestling Tournament, Buffalo, New York, March 1998

Internships, December 1999 to present

- Intern for University of Southern Mississippi National Youth and Sport Program Grant, Hattiesburg, Mississippi, March 2002- August 2003
- Intern for Eastern Kentucky's Athletic Training Curriculum Director, Richmond, Kentucky, Summer 2001
- Intern for Sweethome High School, Amherst, New York, December 1999- May 2000

PROFESSIONAL DEVELOPMENT

- CAATE Peer Review Training, Washington DC, July 2023
- Louisiana Athletic Trainers Annual Meeting, Baton Rouge, Louisiana, June 2023
- CAATE Accreditation Conference, Atlanta, Georgia, October 2022
- National Athletic Trainers 73rd Annual Meeting, Philadelphia, PA June 2022
- National Athletic Trainers 71st Annual Meeting, Virtual, July 2020
- The Functional Integrated Needling for Pain Management, December 2020
- Graston Technique 2 certification course, Baton Rouge, LA, January 2020
- Theory, Practice & Clinical Application of Learn Spinal Manipulation (TMR Manipulation, San Antonio, TX, August 2019
- National Athletic Trainers 70th Annual Meeting, Las Vegas, Nevada, June 2019
- Mississippi Athletic Trainers Association Annual Meeting, Biloxi, Mississippi, June 2019
- CAATE Accreditation Conference, Tampa, Florida, October 2018
- National Athletic Trainers 69th Annual Meeting, New Orleans, Louisiana, June 2018
- CAATE Accreditation Conference, Tampa, Florida, October 2017
- National Athletic Trainers 68th Annual Meeting, Houston, Texas, June 2017
- Southeast Athletic Trainers Association Annual Meeting, Atlanta, GA, March 2017.
- National Athletic Trainers Educators Conference, Dallas, TX. February 2017
- CAATE Accreditation Conference, Tampa, Florida, October 2016
- National Athletic Trainers 67th Annual Meeting, Baltimore, Maryland, June 2016
- CAATE Accreditation Conference, Tampa, Florida, October 2015
- National Athletic Trainers 66th Annual Meeting, Saint Louis, Missouri, June 2015
- National Athletic Trainers Educators Conference, Dallas, TX. February 2015
- National Athletic Trainers 65th Annual Meeting, Indianapolis, Indiana, June 2014
- National Association for Kinesiology in Higher Education (NAKHE), San Diego, California, January 2014
- Hispanic Association of Colleges and Universities (HACU), Chicago, Illinois, October 2013
- National Association for Kinesiology in Higher Education (NAKHE) Leadership Development Workshop, Atlanta, Georgia, July 2013
- National Athletic Trainers 64th Annual Meeting, Las Vegas, Nevada, June 2013
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2013
- National Athletic Trainers Educators Conference, Dallas, Texas. January 2013.
- Graston Technique, M1 Training, Tulsa, Oklahoma, December 2012.

- National Athletic Trainers 63rd Annual Meeting, Saint Louis, Missouri, June 2012
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2012
- National Athletic Trainers 62nd Annual Meeting, New Orleans, Louisiana, June 2011
- National Athletic Trainers Educators Conference, Washington, DC. January 2011.
- Association for the Advancement of Computing in Education 2010 E-Learn International Conference. Orlando, Florida, October 2010.
- National Athletic Trainers 61th Annual Meeting, Philadelphia, Pennsylvania, June 2010.
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2010
- Share the Wealth Conference, Jekyll Island, Georgia, January 2010.
- Academic and Business Research Institute Conference, Orlando, Florida, September 2009
- National Athletic Trainers 60th Annual Meeting, San Antonio, Texas, June 2009.
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2009
- National Institute of Health Grant Writing Workshop, Atlanta, GA. April 2009
- National Athletic Trainers Educators Conference, Washington, DC. January 2009
- Mississippi Athletic Trainers Association State Meeting, Biloxi, Mississippi, July 2008
- National Athletic Trainers 59th Annual Meeting, St Louis, Missouri, June 2008.
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2008
- Southeast Athletic Trainers Association Annual Meeting, Franklin, Tennessee, March 2008
- Effective Treatment of Common Cervical and Upper Thoracic Pain Conditions, Birmingham, Alabama, August, 2007
- Alabama Athletic Trainers Association State Meeting, San Destin, Florida, May 2007
- Alabama State Alliance for Physical Education, Health Education, Recreation & Dance (ASAPHERD) State Meeting, Orange Beach, Alabama, April 2007
- National Athletic Trainers Educators Conference, Dallas, Texas. January 2007
- Alabama State Alliance for Physical Education, Health Education, Recreation & Dance (ASAPHERD) State Meeting, Birmingham, Alabama, November 2006
- National Athletic Trainers Association 57th Annual Meeting, Atlanta, Georgia, June 2006
- Hawaii International Conference on Education, Honolulu, Hawaii, January 2006
- National Athletic Trainers Association 56th Annual Meeting, Indianapolis, Indiana, June 2005
- Alabama Athletic Trainers Association State Meeting, Gulfport, Mississippi, May 2005
- Southeast Athletic Trainers Association Annual Meeting, Atlanta, Georgia, March 2005

- NATA Athletic Training Educators' Conference, Montgomery Texas, January 2005
- NATA Clinical Instructor Educator Seminar, Baltimore, Maryland, June 2004
- National Athletic Trainers Association 55th Annual Meeting, Baltimore, Maryland, June 2004
- Alabama Athletic Trainers Association State Meeting, Gulfport, Mississippi, May 2004
- AAPHERD National Convention, New Orleans, Louisiana, April 2004
- Mississippi Alliance for Health, Physical Education, Recreation and Dance Annual Meeting, Gulfport, Mississippi, December 2003
- National Athletic Trainers Association 54th Annual Meeting, Saint Louis, Missouri, June 2003
- Southeast Athletic Trainers Association Annual Meeting, Atlanta, Georgia, March 2003
- NATA Athletic Training Educators' Conference, Montgomery, Texas, January 2003
- National Association for Physical Education in Higher Education Annual Meeting, Long Beach, California, January 2003
- Mississippi Athletic Trainers Association Annual State Meeting, Jackson, Mississippi, January 2003
- Mississippi Alliance for Health, Physical Education, Recreation and Dance Annual Meeting, Hattiesburg, Mississippi, December 2002
- National Athletic Trainers' Association 53rd Annual Meeting, Dallas, Texas, June 2002
- Southeast Athletic Trainers Association Annual Meeting, Atlanta, Georgia, March 2002
- BRPT Lake Rehabilitation Centers Sports Medicine Seminar, Baton Rouge, Louisiana, March 2002
- National Athletic Trainers' Association 52nd Annual Meeting, Los Angeles, California, June 2001
- Being an Effective Clinical Educator, Murfreesboro, Tennessee, May 2001
- Southeast Athletic Trainers Association Annual Meeting, Atlanta, Georgia, March 2001
- Annual Kentucky Sports Medicine Symposium, Lexington, Kentucky, November 2000
- University at Buffalo Sports Medicine Symposium, Buffalo, New York, October 1999

COMPUTER SKILLS

- Moodle
- Windows XP operating system
- Web CT
- Blackboard
- Microsoft Word
- Microsoft Power Point
- Microsoft Excel

- SPSS

CERTIFICATIONS/MEMBERSHIPS

- Certification in Functional Integrated Needling for Pain Management, December 2020
- Licensed Athletic Trainer (#200453), Louisiana, 2015-present
- NPI #1720648868
- Louisiana Athletic Trainers Association, 2015-present
- National Association for Kinesiology in Higher Education (NAKHE), 2013-2015
- Troy University Blackboard Certified 2007-2014
- Alabama State Alliance for Health, Physical Education, Recreation and Dance (ASAPHERD), 2006-2007
- NATA Approved Clinical Instructor Educator, 2004-2013
- Licensed Athletic Trainer (#744), Alabama, 2003-2014
- Alabama Athletic Trainers Association, 2003-2014
- American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), 2004-2005
- Phi Kappa Phi, 2003-2009
- National Association for Physical Education in Higher Education (NAPEHE), 2002-2004
- Licensed Athletic Trainer, Mississippi, 2001-2003
- Mississippi Athletic Trainers Association, 2001-2003
- American Red Cross Workplace Training: Adult CPR/AED, 2001-present
- BOC Certified Athletic Trainer (#120002061), 2000-present
- Southeast Athletic Trainers' Association, 2000-present
- American Red Cross Community First Aid and Safety Instructor, 2000-present
- American Red Cross CPR for the Professional Rescuer Instructor, 2000-present
- National Athletic Trainers' Association, member (#981844), 1999-present
- American Red Cross Lifeguard, 1995-2012